

**Two years Master's of Social Work  
(M.S.W.)  
(CBCS) Curriculum  
First Year – (Sem. I & II)  
(Progressively effective from June/July 2019)  
School of Social Sciences  
2019-20**

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## **Semester -I**

(1)

**Course Title** :History and Perspectives of Social Work  
**Course Code** : CC-SW-101  
**Semester** : I  
**Credits** : 4

### **Rationale:**

As a profession, social work in India has evolved quite distinctly from that in the West with much closer affiliations to the voluntary sector and orientation to issues of national development and social change. Social work practice in India is complex and fraught with several dilemmas and contradictions. Hence it is necessary to give a contextual grounding to the evolution of the practice perspectives; thereby enabling students to locate the profession of social work in India and become practitioners sensitive to this context. The course will examine the historical evolution of the profession as also the ideational and normative basis of the same. Moreover, the analytical and reflective processes that would be inculcated in this course will enable the student to understand the emergence and dynamics of a range of practice perspectives and their relevance to changing macro and micro contexts.

### **Learning Objectives:**

- To enable to develop and understand the major philosophies that influences the social lives of people and perspectives underlying the practice of social work.
- To recognize the importance of internalizing values and ethics in practice by critically engaging in the debates, contradictions and concerns related to social work profession.
- To develop the ability to connect interventions to the theoretical perspectives of practice.
- To appreciate the challenges emerging from local and global influence on practice
- To foster an appropriate attitude and professional development by understanding the diversities.

### **Learning Outcome:**

- To broaden the horizons of understanding the domain of social work practice.
  - To Promote and aims at moulding the personalities to work for social Change.
  - To inculcates values, ethics, skills and techniques required by a professional social workers for working with different settings.
  - To strengthen the ability to work with integrated multilevel approaches for meeting the human needs.
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(2)

**Course Title : Working with Individuals**

**Course Code : CC-SW-102**

**Semester : I**

**Credits : 4**

**Rationale:**

This is a basic method course of the curriculum. It is about the approaches, tools and techniques of work with individuals and families. It signifies the value base of social work with both individuals and families and the perspectives of this work. It will enable students to acquire knowledge of different intervention models and develop skills to utilize them selectively. It will also help students to develop self-awareness in the process of acquiring professional competence.

**Learning Objectives:**

- To understand the case work method and its application in practice
- To equip learners with theoretical knowledge for work with individuals and families
- To develop appropriate attitude and competencies in learners to use the method in practice while working with individual clients and families.
- To equip learners with values and skills necessary for working with individuals and families.

**Learning Outcome:**

- To develop understanding of working with individuals
- To learn different approaches, processes and interventions of case work practice
- To develop skills and techniques of working with individuals in different settings.
- To explore and develop the professional self and skills of a practitioner

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(3)

**Course Title : Dynamics of Human Behaviour**

**Course Code : CC-SW-103**

**Semester : I**

**Credits : 4**

**Rationale:**

This course is designed to provide the students with the opportunity to understand the concepts of human mind and behaviour. The theoretical inputs will enhance the learners understanding on factors contributing to development of personality. It also provides an understanding of psychological disorders and its impact on society. This course will help the learner to aware with the concept of psychotherapy and counseling and its relevance to Social work practice. It will also assist students in developing counseling skills and its application in real life situation.

**Learning Objectives:**

- To understand human mind and behaviour.
- To gain insight in to the concept, traits and theoretical under-pinning's of personality.
- To understand the perspective of abnormality and psychological disorder.
- To develop holistic understanding of Psychotherapy and its relevance to Social Work practice.
- To acquire knowledge of processes and techniques of counselling

**Learning Outcome:**

- To understand the behavioural Dynamics of Human beings and perform as social workers working with mentally disordered and abnormal persons.
- To study the abnormalities among the children and perform as social workers working with children for their rehabilitation.
- Undertake the work of counselling to the mentally disabled individuals.
- To understand how the psycho therapy is more important than chemo therapy.

(4)

**Course Title** : Sociology for Social Worker

**Course Code** : DSE-SW-104 (A)

**Semester** : I

**Credits** : 4

**Rationale:**

Human being is a social animal. Social life would be impossible if there would not be well regulated relations and obligations on the part of the individuals who is the member of the society.

**Learner Objectives:**

1. To understand significance of Social Sciences for social workers
2. To understand the relationship between class, caste, gender, religion and ethnicity in India
3. To get knowledge of politics and society in contemporary India
4. To know the India's Political Structure and emerging challenges in Indian society

**Learning Outcome:**

1. Understand the basic concepts such social structure, social stratification and concerns related to social mobility, social system, norms, values culture and roles of social institution in socialization process.
2. Understand the relevant sociological theories and perspective and analyze social problems and issues through appropriate theoretical frame works
3. Understand the changing nature of social relationships and the complexity of various social issues.
4. Understand the contemporary social issues and required social work knowledge and competencies for interventions.
5. Identify suitable alternatives for interventions as social work professionals.

(5)

**Course Title** : Play Therapy: a Method for Working with Abused and Traumatized Children

**Course Code** : CC-SW-104(B)

**Semester** :I

**Credits** : 4

**Rationale:**

This course will cover elements of play therapy, which consists of the systematic use of theoretical models to establish an interpersonal process wherein social workers use the therapeutic powers of play to help children prevent or resolve psychosocial challenges and achieve optimal growth and development. The course is grounded in knowledge about trauma and will consist of basic principles of intervention as well as guidelines for assessment and treatment of traumatized children. Expressive therapies such as art, play, and other nonverbal and symbolic techniques which enable children to externalize and process overwhelming experiences in a nonthreatening way will be covered.

**Learning Objectives :**

- To teach students a broad context for understanding and practicing Play Therapy. Provide opportunities for students to enhance awareness of diverse populations (gender, race, sexual orientation, social class, religion, and vulnerable and oppressed groups) while teaching the needed clinical skills to assess, diagnose and intervene with children and adolescents dealing with a variety of mental health related problems
- To demonstrate Play Therapy that integrates elements of several existing Evidenced Based theories and techniques. Provide the opportunity for students to utilize analytic skills to critically evaluate theories that pertain to child psychotherapy.
- To teach an enhanced knowledge base of developmental theory and its relationship to clinical practice with children, youth and their families. Expand students' knowledge and initial skills introduced in advanced practice courses in Mental Health and Children and Family concentrations
- Provide students with the opportunity to enhance clinical skills as they relate to children and adolescents presenting with a variety of issues such as loss, abandonment, abuse, anxiety, phobia, depression, trauma, neglect and behavioural difficulties. Present clinical skills and social work strategies for developing and implementing clinically relevant treatment plans
- Provide students with the opportunity to enhance clinical skills as they relate to children and adolescents presenting with a variety of issues such as loss, abandonment, abuse, anxiety, phobia, depression, trauma, neglect and behavioural difficulties. Present clinical skills and social work strategies for developing and implementing clinically relevant treatment plans
- Present clinical and leadership abilities while teaching students to combine theory and practice as a professional Social Worker who utilizes Play Therapy with children, adolescents, and their families
- To understand the most widely accepted theoretical models of play therapy and the formats in which they are most commonly offered (individual, group and family).
- Identify elements of, and stages within the play therapy relationship, from intake to termination.
- To be familiar with the evolving body of qualitative and quantitative play therapy research.
- Identify developmentally appropriate play therapy toys and materials that can be incorporated into either a permanent or traveling play room for the purposes of both assessment and treatment.
- To conceptualize a client's presenting clinical problem(s) developmentally and theoretically.
- To demonstrate an understanding of the role of the play therapist and the play therapy in the context of the client's broader clinical (medical/psychiatric treatment) and non-clinical system (family, school, community).
- To understand the person of the play therapist and how it impacts on the unfolding relationship with the client. This will include issues of transference and counter transference.
- To Appreciate the legal and ethical issues that are both unique to play therapy and shared with other modalities, i.e., documentation, competence, informed consent, confidentiality, boundaries and duty to warn and protect.

**Learning Outcome :**

- To demonstrate Ethical and Professional Behaviour
- To engage in Diversity and Difference in Practice
- To engage in Practice-informed Research and Research-informed Practice
- To engage in Policy Practice
- To engage with Individuals, Families, Groups, Organizations, and Communities
- To assess Individuals, Families, Groups, Organizations, and Communities
- To intervene with Individuals, Families, Groups, Organizations, and Communities
- To evaluate Practice with Individuals, Families, Groups, Organizations and Communities

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(6)

**Course Title : SOCIAL WORK AND HUMAN RIGHTS**  
**Course Code : CC-SW-104(C)**  
**Semester : I**  
**Credits : 4**

**Rationale :**

Human Rights highlights the struggle of dignity and fundamental freedoms which helps in the development of potentials of human being for development civil and political rights are to be supported by socio-economic and cultural rights.

Social workers do provide help and assistance without discrimination on the basis of caste, creed, religion, colour, age, gender, language and social class. Thus keeping mind the principles of human rights. The social workers can provide services to individual client, group and community.

**Learner Objectives :**

1. To introduce the students to the concept of human rights
2. To introduce the students to the theories and issues related to human rights

**Learning outcome:**

1. Develop a theoretical understanding of different approaches towards human rights.
2. Apply human rights framework for understanding issues and understand empowering processes for the marginalized sections of the society
3. Develop knowledge, attitude and skills required for working with marginalized and vulnerable constituencies and to create just society
4. Develop critical understanding of institutional mechanisms and systems for attainment of social justice and protection of human rights

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(7)

**CC-SW-105 Entrepreneurship Development****Learner Objectives :**

1. To introduce the students to the concept of Entrepreneurship Development
2. To introduce the students to the issues related to Entrepreneurship Development

**Learning Outcome:**

1. Develop a understanding of Entrepreneurship Development.
2. Develop a knowledge, attitude and skills required to start Enterprise.

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(8)

**Open Elective Course SW-105 Life Style Education**

<b>Course Title</b>	<b>: Life Style Education</b>
<b>Course Code</b>	<b>: DSC-SW-204(C)</b>
<b>Semester</b>	<b>: II</b>
<b>Credits</b>	<b>: 4</b>

**Rationale :**

'Lifestyle' signifies a set of behavior patterns emerging out of the influence of personal interests, socialization, social network, cultural orientation and media exposure. Social constructs in terms of social statuses such as gender, race/ethnicity, class, marital status, income status, educational status, sexuality and other social categories are indicative of change in lifestyle. It is people who create and enact lifestyles based on their structural position in society, their cultural context, and their social relationships with one another. Therefore the exposure and influence that the students are encountered with result varied lifestyle patterns. The situation arising out of this needs proper orientation to the students for proper management of their lifestyle behavior through a well constructed pedagogy in the form of lifestyle education. This course will enable the students to conceptual framework of lifestyle, how lifestyle can be perceived and measured, and how people create lifestyles through interaction with other people. The course will also help the students to realize how lifestyles vary by social status and examine the implications of these variations for individuals' income, psychological well-being, health, and even mortality.

**Learning Objectives:**

\* To develop adequate understanding about lifestyle and its influence on the well-being of the students in Particular and general population in totality.

- \* To develop appreciation of lifestyles as a product of social inequality and interaction.
- \* To examine the social and economic consequences of different lifestyles for individuals and society.
- \* To understand the proper management of consumerist lifestyle related risks. 55 Course contents

**Learning outcome :**

- Effective understanding of the course so as to equip in terms of knowledge, attitude and skills required promoting lifestyle education among the students

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(9)

**CC-SW-106: SOCIAL WORK PRACTICUM SEMESTER- I**

<u>Sr. No</u>	<u>Component</u>	<u>Marks</u>
01	Orientation Visits (Minimum 5)	25
02	Concurrent Field Work (20 Visits)	40
03	Reports & Documentation	10
04	Attendance, IC & GC	15
05	Viva-Voce 10	100

The field work practice in the first semester would consist of orientation visits, lab sessions for skills training and placement.

**Learning Objectives :**

- 1) To make the students of Social Work to know about the field work activities as an integral part and as heart of Social Work Education.
- 2) To make the Social Work Students to establish link between theory and practice.
- 3) To make aware the students to about Social Work Practice in different settings like NGOs, Schools, Hospitals, Social Welfare Agencies, Government Offices, Rural Settings, Urban Settings, and Tribal Settings, etc.

**Learning Outcome :**

- 1) In the first semester, the focus of the field work would be the Agencies. The students would be placed in social welfare agencies, service organizations and government agencies working with individuals and families in those settings where they can be exposed to the Individuals and group issues.
- 2) Field work in the first Semester shall consist of orientation visits to welfare institutions, Group conferences, seminars and Institutional placement for case work practice. The field work shall be of minimum 15 hours per week.
- 3) The students get a close feel of the Agencies and the Agencies settings, understand the dynamics and issues in the Agencies and become aware of the sensitivities of people while working with them. They also get a firsthand experience of the programmes and projects implemented in the agencies to solve the problems of individuals and families.
- 4) A weekly Individual Conference of about 15 minutes, related to field work of every student, shall be conducted by the concerned Field Work Supervisor.
- 5) Normally a student spends fifteen hours over two days per week in field work. However, keeping in mind the particular situation of transport and communications in the region and the expenses involved, the field work practice may be arranged in sets of 6 consecutive days after 3 weeks of classes.
- 6) Every week/ or after each set of 6 days, the students write a report of their activities and submit to the concerned field work supervisor. The supervisor conducts individual and group field work conferences regularly. At the end of the semester the student submits a summary report for the semester and viva is conducted

7) A student failing in field work at any semester shall be declared as 'Fail' and shall have to repeat the entire Semester including theory courses. In any case, there shall be no revaluation or moderation of Field Work marks.

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## Semester-II

(1)

**Course Title** : Working with Groups  
**CourseCode** : CC-SW-201  
**Semester** :II  
**Credits** : 4

### **Rationale:**

This course aims at understanding of Group Work as a method and its contributions as a method of social work intervention. It will gain knowledge about various dimensions of group processes and dynamics, stages of development and models of interventions. It further helps in developing skills for interventions. It develops competencies for working with groups in diverse settings.

### **Objectives:**

- Develop awareness about the specific characteristics of Group Work and its contributions as a method of social work intervention,
- Gain knowledge about group formation and the use of a variety of group approaches.
- Develop understanding of concepts, dynamics, stages of development
- Identify the various situations

### **Learning Outcome :**

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(2)

**Course Title** : Working with Communities and Social Action  
**Course Code** :CC-SW-202  
**Semester** : II  
**Credits** : 4

### **Rationale:**

With the advent of modernization, the experience of community life and expressions of community relations have undergone change. However, the relevance of community in the larger discourses on nationalism, citizenship, democracy and development has assumed much significance in contemporary times. While the inclusive nature of communities has weakened, the frames of identities are securing marked prominence in defining experiences of the people. The course would include theoretical perspectives on the idea of the community and consequently emerging model of community organization and development. The attempt would be to deconstruct and critique

conventional notions of community. In addition, the ideas of contemporary relevance in community work such as citizenship and civil society would be discussed in the course.

**Objectives :**

- To recapitulate the concept of community and the concept of community organization as a method of social work practice.
- To understand the experience of communities and discuss the contours of tensions in contemporary communities at local, national and global level.
- To develop critical awareness of students' own experiences of communities, link them to experiences of CO processes in the field and to generate awareness of challenges and dilemmas of CO practice.
- To understand different strategies and models of community organization and development practice with a specific focus on rural and tribal communities.
- To holistically understand the role of a community worker.

**Learning Outcome :**

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(3)

**Course Title** : Social Work Research and Computer Application  
**Course Code** : CC-SW-203  
**Semester** : II  
**Credits** : 4

**Rationale :**

This course aims to impart necessary skills and knowledge of social work research and the application of statistical methods to research. It is designed to help the students to develop a scientific approach to the process of social enquiry. The course content includes social work research as a method, basic elements of social work research, tool construction, use of statistics in data analysis and interpretation and a brief introduction to SPSS. Thus, the course will help the students to develop a scientific rigor in applying research in social work practice.

**Objectives :**

- Orient the students about Social Work Research.
- Enable the students to understand the process of Social Survey.
- Train the students in application of statistics in Social Work Research.
- Help the students to acquire Quantitative Research knowledge.
- Train the students to use SPSS.

**Learning Outcome :**

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(4)

**Course Title** : Law and Social Work  
**Course Code** : DSC-SW-204(A)  
**Semester** : II  
**Credits** : 4

**Rationale :**

Some of the major roles of social workers are advocacy and referral services. Modern Social workers are supposed to work not only among in various developmental sectors, but also with a diverse clientele. For playing such role, social workers must have an understanding about major existing social legislations pertaining to various clientele such as children, women, disabled, etc. This paper tries to make them understand few major social legislations. Moreover, based on the recent developments, the course tries to include recently enacted legislations.

**Objectives :**

- To orient the students about common issues and terms related to social legislations.
- To acquire information about various legislations relevant to practice situations.
- To develop a critical understanding of the role of a social worker in the area of social legislation.

**Learning Outcome :**

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(5)

**Course Title** : Persons with Difficult Circumstances  
**Course Code** : DSC-SW-204(B)  
**Semester** : II  
**Credits** : 4

**Rationale :**

**Objectives :**

**Learning Objectives:**

- To understand the social work interventions for people in difficult circumstances.

- To aware students with the Government schemes & Services
- To know the intervention strategies with which the needy can be benefitted.

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(6)

**Course Title :PROJECT PLANNING MONITORING AND EVALUATION**  
**Course Code : DSE-SW-204 (C)**  
**Semester : II**  
**Credits : 4**

**Rationale :**

**Objectives :**

**Learner Objectives :**

1. To understand different between project and program, purpose and benefits of planning, Monitoring and evaluation 2. To understand process and components of project Planning and Implementation 3. To develop application skills for effective organisational Monitoring and Evaluation  
**LEARNING OUTCOME** 1. Student will be understood differences between project, program and proposal. 2. Student will be understood project planning and roles of human resources. 3. Student will be understood Project Implementation strategy and Monitoring 4. Student will be understood the concept of evaluation and Termination.

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(7)

**Course Title : CORPORATE SOCIAL RESPONSIBILITY**  
**Course Code : GEC-SW-105(A)**  
**Semester : II**  
**Credits : 4**

**Rationale :**

**Learner Objectives :**

1. To understand the scope and complexity of corporate social responsibility (CSR)  
 2. To gain knowledge on the impact of CSR implementation on corporate culture, particularly as it relates to social issues  
 3. To acquire skills to frame CSR policies and practices appropriate to the Indian workplace

**Learning Outcomes :**

1. Understand the functioning of CSR

2. Appreciate the context of CSR Understand the strategies and processes of CSR
3. Develop appropriate skills and competencies for managing socially responsible initiatives of the corporate

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(8)

**Course Title : Green Social Work**  
**Course Code : GEC-SW-105(B)**  
**Semester : II**  
**Credits : 4**

**Rationale :**

**Learning Objectives :**

- To learn the environment aspects of society and human beings.
- To understand the integration of social work with ecology and environment.
- To study social movements and the associations related to environment.

**Learning Outcome :**

- To learn from Indigenous and Spiritual Culture.
- To Creatively apply skills to Environmental component
- Openesness to different values and ways of being or doing

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(9)

**Course Title : Forensic Social Work**  
**Course Code : GEC-SW-105(C)**  
**Semester : II**  
**Credits : 4**

**Course Description:**

Forensic social work is an area of specialty within social work that focuses on issues related to the law and legal systems. Forensic social workers are called upon to provide a variety of services including: recommendations on adult and child mental health status for court evaluation, testifying as an expert witness regarding child welfare and/or domestic violence cases, interfacing with juvenile courts, drug courts, and/or mental health courts, as well as child custody issues involving

separation, divorce, neglect, and termination of parental rights, to name a few. The purpose of this course is to gain familiarity with the principles and practices of forensic social work. Class lectures and discussions will include the following: diverse methods for forensic risk assessment, relevant theories and models of offender behaviors, the role of the legal system as it pertains to forensic practices, treatment approaches with juvenile and adult offenders, intervening with incarcerated populations, including those with severe mental illness, and/or drug and alcohol addictions, and the fundamentals of expert witness testimony. Class discussions will be framed within the prism of broader contextual issues and will examine their impact on forensic populations. Lectures, class discussions, case examples, videos, and power point presentations will be utilized throughout the course.

**Rationale :**

**Learning Objectives :**

- to work within court systems, child and family agencies, hospitals, mental health agencies, substance abuse agencies, correctional facilities, prisons, and faith-based institutions.
- To provide consultation to law enforcement personnel, law makers, attorneys, paralegals, community members, correctional officers, doctors, and psychiatrists on interdisciplinary teams.
- Responsible for diagnosing criminal populations, making recommendations about mental status, serving as expert witnesses, training law enforcement personnel, referring defendants to community resources, and developing advocacy programs in the criminal justice system.

**Learning out come :**

- To apply social work practice and laws to legal issues of both criminal & civil.
- It cover globally issues of Human Rights violations and social justice
- To Understand the complex issues of Mass Incarceration
- To build the capacities of individuals ,Families & communities

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(10)

**MSW-206: Social Work Practicum**

The first year students during the second semester go for practice based social work for two days in a week and expected to spend a minimum of 15 hours per week in the field. The first year students are placed in villages or hospitals or schools or NGOs or government offices or counseling centers or welfare organizations or service organization for a semester.

During the placement they have to practice all the primary methods of social work. One has to complete 5 cases in casework, one group following all the stages of group work practice with at least 10 sessions and in the Community conduct common programmes or solve an issue of the Community following the principles of Community organization and social action.

Every week the students write a report of their activities and submit to the concerned field work supervisor. The supervisor conducts individual and group conference regularly. At the end of

the semester Viva- Voce is conducted by two examiners, one being an external examiner and the other would be the supervisor. (50 marks for viva voce and 50 marks for IA)

<b>Sr. No</b>	<b>Component</b>	<b>Marks</b>
01	Rural Camp	25
02	Concurrent Field Work (20 Visits)	40
03	Reports & Documentation	10
04	Attendance, IC & GC	15
05	Viva-Voce	10
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