



॥ मा विद्या या चिमुक्कनये ॥

स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड

‘ज्ञानतीर्थ’, विष्णुपुरी, नांदेड - ४३१ ६०६ (महाराष्ट्र राज्य) भारत

SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY, NANDED

‘Dnyanteerth’, Vishnupuri, Nanded - 431 606 (Maharashtra State) INDIA

Established on 17th September, 1994, Recognized By the UGC U/s 2(I) and 12(B), NAAC Re-accredited with 'B++' grade

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शैक्षणिक वर्ष २०२५-२६ पासून
राष्ट्रीय शैक्षणिक धोरणानुसार लागू
केलेल्या आंतर विद्याशाखीय
अभ्यासक्रम विद्याशाखेतील पदवी
द्वितीय वर्षाच्या सुधारित (दुरुस्ती)
अभ्यासक्रमाबाबत.

प रि प त्र क

संदर्भ:- १. जा.क्र.शै-१/एनईपी/अविअंपदवी/२०२५-२६/१३० दिनांक १४/०६/२०२५

या परिपत्रकान्वये सर्व संबंधितांना कळविण्यात येते की, संदर्भीय परिपत्रकान्वये दिनांक २७ मे २०२५ रोजी संपन्न झालेल्या मा. विद्यापरिषदेच्या बैठकीतील विषय क्र. १८/६१-२०२५ अन्वये मान्यता दिल्यानुसार आंतरविद्याशाखीय अभ्यास विद्याशाखे अंतर्गत राष्ट्रीय शैक्षणिक धोरणानुसार पदवी द्वितीय वर्षाचे अभ्यासक्रम शैक्षणिक वर्ष २०२५-२६ पासून लागू करण्यात आलेले आहेत. तथापी वरील संदर्भीय परिपत्रका अन्वये प्रकाशित केलेल्या अभ्यासक्रमामध्ये अभ्यासमंडळानी किरकोळ दुरुस्ती करून अभ्यासक्रम सादर केला असून मा. अधिष्ठाता, आंतर विद्याशाखा यांच्या मान्यतेने दुरुस्ती केलेले खालील अभ्यासक्रम लागू करण्यात येत आहेत.

01 | B. A. II nd year Home Science

सदरील परिपत्रक व अभ्यासक्रम प्रस्तुत विद्यापीठाच्या www.srtmun.ac.in या संकेतस्थळावर उपलब्ध आहेत. तरी सदरील बाब ही सर्व संबंधितांच्या निदर्शनास आणून द्यावी, ही विनंती.

‘ज्ञानतीर्थ’ परिसर,

विष्णुपुरी, नांदेड - ४३१ ६०६.

जा.क्र.:शैक्षणिक-१/परिपत्रक/आंतरविद्याशाखा /एनईपीयुजीदुरुस्ती/

२०२५-२६/ १७२

दिनांक : २७.०७.२०२५

प्रत माहिती व पुढील कार्यवाहीस्तव.

०१. मा. अधिष्ठाता, आंतर विद्याशाखा, प्रस्तुत विद्यापीठ.

०२. मा. संचालक, परीक्षा व मूल्यमापन मंडळ यांचे कार्यालय, प्रस्तुत विद्यापीठ.

०३. मा. संचालक, सर्व संबंधित संकुले, प्रस्तुत विद्यापीठ.

०४. मा. प्राचार्य, सर्व संबंधित महाविद्यालये, प्रस्तुत विद्यापीठ.

०५.सिस्टम एक्सपर्ट, शैक्षणिक विभाग, प्रस्तुत विद्यापीठ. यानां देवून कळविण्यात येते की,

सदरील परिपत्रक विद्यापीठाच्या संकेतस्थळावर प्रसिध्द करण्यात यावे.

सहायक कुलसचिव

शैक्षणिक अभ्यासमंडळ विभाग



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SWAMI RAMANAND TEERTH
MARATHWADA UNIVERSITY, NANDED - 431 606



**(Structure and Syllabus of Four Years Multidisciplinary Degree
Program with Multiple Entry and Exit Option)**

FOUR YEAR BACHELOR OF ARTS

Major in **Home Science** Minor in **DSM**

B.A. II Year

**Under the Faculty of
Interdisciplinary Studies**

Effective from Academic year 2025– 2026
(As per NEP-2020)

From Desk of Dean, faculty of Inter disciplinary Studies

From Desk of Chairman, Ad-hoc Board of Studies in Home Science

Preamble:

Bachelor of Arts programme outcomes are essentially range of skills and knowledge that a student will have at the time of graduation. The programme objectives and outcomes that are expected in educational process. The outcomes can be checked regularly through continuous assessment, feedback and end semester examination and evaluation. The curriculum in Home Science is updated time to time to furnish objectives and outcomes.

Home Science is a science and social science-art related multi-disciplinary field of study. Home Science comprises various branches such as Human Development and Family Relationships, Food and Nutrition, Clothing and Textiles, Home Management, and Extension Education. It helps to develop application of science and art to improve life of an individual, community and nation. Home Science programme is practical programme which helps to develop and improve skills which leads to empower the students. Home Science knowledge boosts the confidence among the students and helps to become economically independent.

I as a chairman Ad-hoc Board of studies in Home Science , Swami Ramanand Teerth Marathwada University, Nanded , happy to state here that programme objectives are furnished by curriculum. Students have choice to exit programme after every year which gives hands on experiences, helps to fulfill financial needs by small scale units. It also aims to build future citizens who would be socially responsible contributing to the overall development of country. This curriculum has a multidisciplinary approach with respect to the guidelines given in the New Education Policy 2020.

The programme educational objectives are

- *To provide students with a strong foundation of knowledge of Home Science subject.
- *To give practical experiences.
- *To build all round personality of students.
- *To develop scientific and aesthetic view among students.
- *To prepare the students to become self sufficient.
- * To improve and refine the skills among students in addition to programme objectives, for each course of under graduate programme, pre requisites, objectives, and outcomes from student's point of view are also included in the curriculum.

To support New Education Policy 2020, I believe that, this is a small step in right direction which will definitely help in providing quality education and positive change among the students.

Prof. Surekha Milind Kulkarni
Chairman, Ad-hoc Board of Studies in Home Science
Swami Ramanand Teerth Marathwada University,
Nanded

Details of the Ad hoc Board of Studies Members in Home Science under the faculty of Interdisciplinary Studies of S.R.T.M. University, Nanded

<i>Sr No</i>	<i>Name of the Member</i>	<i>Designation</i>	<i>Address</i>	<i>Contact No.</i>
1	Prof. S.M. Kulkarni	Chairman	K.R.M. Mahila Mahavidyalaya, Nanded	7875026924
2	Prof. S.A. Bhosle	Member	S.S.S.Pawar College, Purna	9850782963
3	Dr. J.D.Solunke	Member	Sant Tukaram College of Arts and Science, Parbhani	9403815057
4	Dr. V.G. Dodiya	Member	Sri Yoganand Swami Kala Mahavidyalaya, Vasmat	9422925460



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Interdisciplinary Studies

Structure for Four Year Multidisciplinary Degree Program with Multiple Entry and Exit

B.A. First Year

Year & Level	Semester	Optional Subject-1 Major	Optional Subject -2 Minor	Optional Subject-3 Minor	Generic Elective (GE) (Basket 3) <i>(Select one each from Group A and B of Basket 3, not related to DSC / DSM in col. 3 and 4)</i>	Vocational & Skill Enhancement Course (SEC) <i>(Related to DSC)</i>	Ability Enhancement Course (AEC) (Basket 4) Value Education Courses (VEC) / Indian Knowledge System (IKS)(Basket 5) <i>(Common across all faculties)</i>	Field Work / Project/ Internship/ OJT/ Apprenticeship / Case Study Or Co-curricular Courses (CC) <i>(Basket 6 for CC) (Common across all faculties)</i>	Credits	Total Credits
1	2	3	4	5	6	7	8	9	10	11
1 (4.5)	I	IHOMCT 1101 (2Cr) Introduction to Food Science & Home Management IHOMCP 1102 (2Cr) Home Management – Practical 4 Credits	4 Credits	4 Credits	IHOMGE1101 (2Cr) Consumer Education 2 Credits	IHOMSC1101 (2Cr) Jewellery Making 2 Credits	AECENG1101 (2Cr) AECMIL1101 (2Cr) IKSXXX1101 (2Cr) 6 Credits	00	22	

	II	IHOMCT 1151(2Cr) Introduction to Human Development and Textile & Clothing IHOMCP 1152 (2Cr) Basics of Tailoring-Practical 4 Credits	4 Credits	4 Credits	IHOMGE1151 (2Cr) Consumer Problems 2 Credits	IHOMSC1151 (2Cr) Textile Renovation 2 Credits	AECENG1151 (2Cr) AECMIL1151 (2Cr) VECCOI1151 (2Cr) <i>Constitution of India</i> 6 Credits	00	22	44
Exit option:UG Certificate in Opt1,Opt2andOpt3 on completion of 44 credits and additional 4 credits from NSQF / Internship										

B.A. Second Year

2 (5.0)	III	IHOMCT1201(4 Cr) Food Nutrition & Home Management (Interior Decoration) IHOMCP1202 (4 Cr) Interior Decoration-Practical 8 Credits	IHOMMT1201 Home Science Extension Education 4 Credits	IHOMGE1201 Life After 40 to 60 2 Credits	IHOMVC1201 Knitting & Crocheting 2 Credits	AECENG1201(2Cr) AECXXX1201(2Cr) (Hin, Mar, Kan, Pal, Urd, San, etc) 4 Credits	CCCCXX1201 (NCC/NSS/Sports/ Culture/Health Wellness/ Yoga Education / Fitness) 2 Credits	22	88
	IV	IHOMCT1251(4 Cr) Human Development (Birth to Childhood) & Textile Embroidery and Printing IHOMCP1252 (4 Cr) Infant Kit Making & Embroidery 8 Credits	IHOMMT1251 Marriage & Family 4 Credits	IHOMGE1251 Life After 60 2 Credits	IHOMVC1251 Weaning & Supplementary Food 2 Credits	AECENG1251(2Cr) AECXXX1251(2Cr) (Hin, Mar, Kan, Pal, Urd, San, etc) VECEVS1251 (2Cr) Environmental Studies 6Credits	-	22	
	Cum. Cr.	16	08	04	2+2= 04	10	02	44	
Exit option : UG Diploma in Major <u>DSC</u> and Minor <u>DSM</u> on completion of 88 credits and additional 4 credits NSQF / Internship in <u>DSC</u>									



Generic Elective course (GE)

Note: Each BOS shall suggest *Generic Elective Courses* for semesters III and IV

Semester	BOS proposing GE	Group A	
		CODE	Title of the Course
Sem III	BOS in Home Science	IHOMGE1201 (2Cr)	Life after 40 to 60
Sem IV	BOS in Home Science	IHOMGE1251 (2Cr)	Life after 60



Modern Indian Language (L2)

Semester	Name of the Second Language	Details of Second Language (L2)	
		CODE	Title of the Course (Paper)
Semester III / IV	1. Marathi	AECMAR	
	2. Hindi	AECHIN	
	3. Urdu	AECURD	
	4. Kannada	AECKAN	
	5. Pali	AECPAL	



B. A. Second Year Semester III (Level 5.0)
Teaching Scheme

	Course Code	Course Name	Credits Assigned			Teaching Scheme (Hrs/ week)	
			Theory	Practical	Total	Theory	Practical
Major	I HOMCT1201	Food Nutrition & Home Management (Interior Decoration)	04	--	04	04	--
	I HOMCP1202	Interior Decoration-Practical		04	04		08
Minor	I HOMMT1201	Home Science Extension Education	04	-	04	04	-
Generic Electives	I HOMGE1201	Life After 40 to 60	02	--	02	02	--
Vocational & Skill Enhancement Course	I HOMVC1201	Knitting & Crocheting (Practical)	--	02	02	--	04
Ability Enhancement Course	AECENG1201	L1 – Compulsory English	02	--	02	02	--
Ability Enhancement Course(MIL)	AECMIL1201	SL	02		02	02	
CCCXXX1201	CCCXXX1201		02	-	02	02	--
Total Credits			16	06	22	16	12



B. A. Second Year Semester III (Level 5.0)
Examination Scheme

Subject (1)	Course Code (2)	Course Name (3)	Theory				Practical		Total Col (6+7) / Col (8+9) (10)
			Continuous Assessment (CA)			ESA			
			Test I (4)	Test II (5)	Avg of (T1+T2)/2 (6)	Total (7)	CA (8)	ESA (9)	
Major	IHOMCT1201	Food Nutrition & Home Management (Interior Decoration)	20	20	20	80	--	--	100
	IHOMCP1202	Interior Decoration-Practical					20	80	100
Minor	IHOMMT1201	Home Science Extension Education	20	20	20	80	--	--	100
Generic Electives	IHOMGE1201	Life After 40 to 60	10	10	10	40	--	--	50
Vocational & Skill Enhancement Course	IHOMVC1201	Knitting & Crocheting (Practical)	--	--	--	--	10	40	50
Ability Enhancement Course	AECENG1201	Compulsory English	10	10	10	40	--	--	50
Ability Enhancement Course(MIL)	AECMIL1201	Second Language	10	10	10	40	--	--	50
	CCCXXX1201		10	10	10	40	--	--	50



B. A. Second Year Semester IV (Level 5.0)

Teaching Scheme

	Course Code	Course Name	Credits Assigned			Teaching Scheme (Hrs/ week)	
			Theory	Practical	Total	Theory	Practical
Major	IHOMCT1251	Human Development (Birth to Childhood) & Textile Embroidery and Printing	04	--	04	04	--
	IHOMCP1252	Infant Kit Making & Embroidery - Practical	-	04	04	--	08
Minor	IHOMMT1251	Marriage & Family	04	-	04	04	-
Generic Electives	IHOMGE1251	Life After 60	02	--	02	02	--
Vocational & Skill Enhancement Course	IHOMVC 1251	Weaning & Supplementary Food (Practical)	--	02	02	--	04
Ability Enhancement Course	AECENG1251	Compulsory English	02	--	02	02	--
Ability Enhancement Course (MIL)	AECMIL1251	Second Language	02	--	02	02	--
Value Education Course (VEC)	VECEVS1251	<i>Environmental Studies</i>	02	-	02	02	--
Total Credits			16	06	22	16	12



B. A. Second Year Semester IV (Level 5.0)
Examination Scheme

Subject (1)	Course Code (2)	Course Name (3)	Theory				Practical		Total [Col (6+7) / Col (8+9)] (10)
			Continuous Assessment (CA)			ESA			
			Test I (4)	Test II (5)	Avg of (T1+T2)/2 (6)	Total (7)	CA (8)	ESA (9)	
Major	IHOMCT1251	Human Development (Birth to Childhood) & Textile Embroidery and Printing	20	20	20	80	--	--	100
	IHOMCP1252	Infant Kit Making & Embroidery - Practical					20	80	100
Minor	IHOMMT1251	Marriage & Family	20	20	20	80	--	--	100
Generic Electives	IHOMGE1251	Life After 60	10	10	10	40	--	--	50
Vocational & Skill Enhancement Course	IHOMVC 1251	Weaning & Supplementary Food (Practical)					10	40	50
Ability Enhancement Course	AECENG1251	Compulsory English	10	10	10	40	--	--	50
Ability Enhancement Course	AECMIL1251	Second Language	10	10	10	40	--	--	50
Value Education Course (VEC)	VECEVS1251	<i>Environmental Studies</i>	10	10	10	40	--	--	50

Swami Ramanand Teerth Marathwada University, Nanded

Home Science

(With Effective- 2025-26)

B.A. Second Year

Semester-III

IHOMCT1201

Food Nutrition & Home Management (Interior Decoration)

Credits -04

Hours -60

Marks -100

COURSE OBJECTIVES:

The objective of the course is to make students aware of all the nutrients as well as functions sources and deficiencies of nutrients, as well as knowledge of interior decoration.

- To give knowledge about nutrients
- To impart knowledge of sources ,functions and deficiencies of nutrients
- To understand the concept of interior decoration
- To learn importance of lighting and ventilation
- To make students to use knowledge of nutrients and interior decoration in day to day life.

COURSE OUT COMES:

After completion of Introduction to Foods science & Home management (Interior decoration) course student will be able to

- Know relationship between nutrients and health.
- Maintain health of family & community.
- Understood the concept of Home Management & Interior decoration.

Swami Ramanand Teerth Marathwada University, Nanded

Home Science

(With Effective-2025-26)

B.A. Second Year

Semester-III

IHOMCT1201

Food Nutrition & Home Management (Interior Decoration)

Credits: 04

Marks -100

Hours: 60

Module No.	Unit No.	Topic	Hours
1.0	I	Carbohydrates, Protein , Fat	16
	1.1	Importance of studying nutrients	
	1.2	Carbohydrates –Classification Functions, Daily Allowance, Sources, Deficiencies	
	1.3	Protein – Classification, Amino acids , Functions, Digestion & Absorption, Daily Allowance, Sources, Deficiencies	
	1.4	Fat - Classification ,Fatty Acids ,Functions, Digestion & Absorption, Daily Allowance, Sources, Deficiencies	
2.0	II	Vitamins ,Minerals ,Water	16
	2.1	Vitamins – Classification , Functions ,Sources and Deficiencies of ... Fat soluble Vitamins -- A, D, E, K . Water soluble Vitamins – B-complex , Vitamin C.	
	2.2	Minerals – Classification , Importance , Functions ,Sources and Deficiencies of Minerals ,	
	2.3	Water – Importance , Role of Water	
3.0	III	Interior Decoration , Ventilation , Lighting	14
	3.1	Interior decoration - Meaning ,Importance ,	
	3.2	Ventilation - Concept , Types , Methods of Ventilation	
	3.3	Lighting – Sources of light , Principles of lighting , Types of lighting	
4.0	IV	Carpets & Rugs , Curtains ,Care of home	14
	4.1	Carpets & rugs – Factors affecting selection of carpets and rugs , Types of carpets & rugs	
	4.2	Curtains – Need of curtain , Types of curtains , Selection of curtains and Care of curtains	
	4.3	Care of home - Cleanliness of home , Material required for cleanliness ,Types of cleanliness - Daily ,Weekly , Monthly , Yearly and Occasional Cleanliness	
		Total	60

Reference Books

1. Mullic K. P. "Text Book of Home Science" Kalyani Publisher" Delhi 2006
2. Waghmare S. "Fundamentals of Food & Nutrition" Vidya Books Publishers, Aurangabad. 2008
3. Mudambi S. R., Rajgopal M.V. "Fundamentals of Food & Nutrition" New Age International Pvt. Ltd. 2012
4. Shree Lakshmi B. "Food Science" New Age, New Delhi 1997
5. Lele S. "Poshan va Aahrshatsra parichay" Pimpalpure and company Publishers, Nagpur. 1995
6. Deuskar A. "Manavi Poshan va Aaharshastrachi multattve" Vidya Prakashan Nagpur. 1996
7. Roday S. "Food Science and Nutrition" Oxford University Press, New Delhi. 2012
8. Vairagade, Lathkar, Muley "Aadhunik Gruh Vyavasthapan", , Vidya Books Publishers , Aurangabad. 2010
9. "Limaye K. Gruh Vyavasthapan Aani Gruhkala" Vidya Prakashan ,Nagpur. 1987
10. Kandalkar L. "Gruh Arthshastrachi Multattve" Vidya Prakashan ,Nagpur. 2005
11. Kandalkar L. "Koutumbik Sansadhnachi Sankalpana" Vidya Prakashan, Nagpur. 2012
12. Nickell and Dorsey, Management in Family Living Wiley Eastern Ltd. New Delhi 1988

Swami Ramanand Teerth Marathwada University, Nanded

Home Science

(With Effective-2025-26)

B.A. Second Year

Semester-III

IHOMCP1202

Practical - Interior Decoration

Credits: 04

Marks- 100

Hours -120

COURSE OBJECTIVES:

While studying the Interior decoration practical students will be able:

- To encourage student to learn practical in decoration of homes.
- To help students to develop aesthetic sense in home decoration
- To make students to apply Interior decoration knowledge in life.

COURSE OUT COMES:

After completion of Interior decoration practical students will be able to:

- Decorate their own home
- Able to use knowledge of Interior decoration for developing entrepreneurship skill
- Use Interior decoration skills in day to day life

Swami Ramanand Teerth Marathwada University ,Nanded

Home Science

(With Effective- 2025-26)

B.A. Second Year

Semester -III

IHOMCP1202

Practical - Interior Decoration

Credits: 04

Marks 100

Hours – 120

Module No.	Unit No.	Topic	Hours
1.0	I	Paper Mache & Structural Planning of House on Graph Paper	30
		Paper Mache one article Structural planning of House – Low, Middle and High Income group	
2.0	II	Fancy Curtains , Wall Decoration & Doormat	30
		Fancy Curtains – Beads , Thermocol balls , Glass straws Wall Decoration – Wall hanging Doormat Making	
3.0	III	Flower Arrangements & Bonsai of Plant , Indoor Plants Pot Making	40
		Flower Arrangements –Modern- any two types, Japanese – Horizontal & Vertical, Dry Flower arrangement. Bonsai of any one Plant Indoor Plants Pot Making	
4.0	IV	Kitchen Waste Composting & Best out of Waste	20
		Kitchen Waste Composting Best out of Waste - one article	
		Total	120

Swami Ramanand Teerth Marathwada University, Nanded
Home Science
(With Effective-2025-26)
B. A. Second Year
Semester-III

Paper- IHOMMT1201 Home Science Extension Education

Credits: 04

Marks - 100

Hours - 60

COURSE OBJECTIVES:

While studying the Home Science Education and Extension students will be able:

- To encourage student to learn Home Science Education and Extension with regards to today's need.
- To develop the knowledge of various extension teaching methods.
- To learn how to give the new knowledge to last member of society

COURSE OUT COMES

After Completion of Home Science Extension Education course

- Students will learn meaning and importance of extension education
- Students will be able to know various teaching methods & their uses.
- Get idea about Communication process.

Swami Ramanand Teerth Marathwada University, Nanded

Home Science

(With Effective-2025-26)

B. A. Second Year

Semester-III

Paper- IHOMMT1201 Home Science Extension Education

Credits: 04

Marks - 100

Hours - 60

Module No.	Unit No.	Topic	Hours
1.0	I	Home Science Extension	16
	1.1	Concept , Definition , Need and Importance , Philosophy of Home Science Education and Extension ,	
	1.2	Scope ,Objectives and Characteristics of Home Science Education and Extension	
	1.3	Steps in Home Science Extension Process	
2.0	II	Home Science Extension Methods	12
	2.1	Individual – Home Visits , Phone Call	
	2.2	Group – Demonstration , Group Discussion , Field Trip	
	2.3	Mass –Lectures , Exhibition ,Campaign	
3.0	III	Communication	12
	3.1	Meaning , History of Communication	
	3.2	Aims & Objectives of Communication	
	3.3	Characteristics of Communication	
	3.4	Process of Communication	
4.0	IV	Audio -visual Aids	20
	4.1	Meaning of Audio-visual Aids	
	4.2	Classification of Audio-visual aids Projected Aids – Films , Television , Computers , Radio , PPT Presentation	
	4.3	Non- Projected Aids- Charts , Graphs , Models , Flash Cards , Puppets , Folders	
			60

References

- 1.Farkade & Gonge ,“Gruhvignyan Vistar” Vidya Prakashan , Nagpur 2002
- 2.Vairagade & Muley ,”Samudayik Vikas , Vistar Shikshan v Mahila sabalikaran”
Vidya Books Publishers , Aurangabad, 2012

Swami Ramanand Teerth Marathwada University ,Nanded

Home Science

(With Effective - 2025-26)

B.A. Second Year

Semester-III

Paper- IHOMGE1201

Life After 40 to 60

Credits: 02

Marks - 50

Hours - 30

COURSE OBJECTIVES:

While studying the **Life After 40 to 60** students will be able:

- To encourage student to learn all about middle age
- To learn about adjustments in middle age

COURSE OUT COMES:

After completion of Life after 40 to 60 students will be able to :

- Know the middle age in detail
- Able to use knowledge in daily life
- Able to know middle aged behavior, habits , adjustments and hazards.

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Home Science

(With Effective-2025-26)

B.A. Second Year

Semester-III

Paper- IHOMGE1201

Life After 40 to 60

Credits: 02

Marks - 50

Hours – 30

Module No.	Unit No.	Topic	Hours
1.0	I	Middle age – Personal Adjustments	
	1.1	Characteristics and Developmental Tasks of Middle age	07
	1.2	Adjustment to Physical Changes ,Assessment of Physical Changes	
	1.3	Adjustment to Mental changes & Changed interests	
2.0	II	Social Adjustments	
	2.1	Social Adjustments , Assessment of Social adjustments	05
	2.2	Personal and Social Hazards of Middle age	
3.0	III	Vocational Adjustments	
	3.1	Vocational Adjustments , Factors influencing Vocational Adjustments in Middle age	08
	3.2	Adjustment to Approaching Retirement	
4.0	IV	Family Adjustments	
	4.1	Adjustment to Changed Family Pattern	10
	4.2	Adjustment to Singlehood , Adjustment to Loss of Spouse	
	4.3	Adjustment to Approaching Old age , Assessment of Adjustment to Middle age.	
	4.4	Vocational and Mental Hazards of Middle age	
		Total	30

Reference Books

1. Hurlock E. "Developmental Psychology" 5th ed. Mc Graw Hill Publications , Europe
2. Devdas R and Jaya N. "A Textbook on Child Development" Macmillan India Limited, Madras 1991
3. Kandalkar L. "Manav Vikas" Vidya prakashan, Nagpur , 2010
4. Lathkar P. " Matrukala va Balvikas" Vidya books Publishers , Aurangabad , 2008

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Home Science
(With Effective-2025-26)
B. A. Second Year
Semester-III
Paper- IHOMVC1201 Knitting & Crocheting (Practical)

Credits: 02

Marks - 50

Hours - 60

COURSE OBJECTIVES:

While studying the Knitting & Crocheting practical students will be able:

- To encourage student to learn practical in Knitting & Crocheting with regards to today's style
- To learn Knitting & Crocheting for baby

COURSE OUT COMES:

After completion of Knitting & Crocheting practical students will be able to :

- Make Bonnet and Plate Cover at low price
- Able to use their creativity.
- Able to be self sufficient by Knitting & Crocheting.

Swami Ramanand Teerth Marathwada University, Nanded

Home Science

(With Effective-2025-26)

B. A. Second Year

Semester - III

Paper- IHOMVC1201 Knitting & Crocheting (Practical)

Credits: 02

Marks - 50

Hours – 60

Module No.	Unit No.	Topic	Hours
1.0	I	Knitting	12
	1.1	Sample of Knitting – plain , design	
2.0	II	Bonnet	20
	2.1	Bonnet making	
3.0	III	Crocheting	12
	3.1	Sample of crocheting -two samples	
4.0	IV	Plate Cover	16
	4.1	Plate cover making by Crocheting	
			60

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Home Science

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B.A. Second Year

Semester-IV

IHOMCT1251

Human Development (Birth to Childhood) and Textile Embroidery & Printing

Credits: 04

Marks 100

Hours - 60

COURSE OBJECTIVES:

After studying the Human Development (Birth to Childhood) and Textile & Printing

Students will be able to:

- know the concept of Human Development
- Study the development pattern upto childhood.
- To impart the knowledge about textile printing
- To learn various types of traditional textiles and traditional embroidery

COURSE OUT COMES:

After completion of Introduction to Human Development (Birth to Childhood) and Textile Embroidery & Printing

Students will be able to:

- Understood development of human being
- Got knowledge about infancy and childhood.
- Understood the textile fiber
- Understood the textile related points such as traditional textiles and traditional embroidery

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Home Science

(With Effective-2025-26)

B.A. Second Year

Semester-IV

IHOMCT1251

Human Development (Birth to Childhood) and Textile Embroidery & Printing

Credits: 04

Marks 100

Hours - 60

Module No.	Unit No.	Topic	Hours
1.0	I	Infancy & Babyhood	
	1.1	Infancy –Subdivisions , Characteristics , Adjustments and Factors affecting adjustments , Hazards	15
	1.2	Babyhood – Characteristics , Developmental tasks , Physical Development , Speech development , Emotional Development , Socialization , Play Interests , Happiness & Hazards	
2.0	II	Early & Late Childhood	
	2.1	Early Childhood - Characteristics , Developmental tasks , Physical Development ,Emotional Development ,Moral Development , Socialization , Play Pattern , Development of Understanding , Common Interests in Early Childhood Happiness & Hazards	15
	2.2	Late Childhood - Characteristics , Developmental tasks , Physical Development ,Emotional Development , Moral Development , Social Groupings & Social Behaviour , Play Interests , Relationship with parents , Happiness & Hazards	
3.0	III	Traditional Textiles & Embroidery	
	3.1	Traditional Textiles – Kalamkari , Patola . Himaru-Amru , Pitambar , Bandhani , Dacca Muslin , Baluchar , Kanjiwaram , Chanderi & Maheshwar , Paithani.	15
	3.2	Embroidery - History, Material required for Embroidery, Stem, Chain , Satin , Buttonhole , Herringbone Cross stitch Traditional Embroidery - Kashmiri , Manipuri , Kasuti , Chikankari , Phulkari , Kantha , Appliqué work of Bihar , Chamba , kutch & Kathewadi ,	
4.0	IV	Printing Methods & Selection of Clothing	
	4.1	Printing Methods – Roller Printing, Batik Printing, Tie & Dye , Block Printing, Screen Printing	15
	4.2	Selection of Clothing – Psychological Effects of Clothing, Clothing for Different Occasions, Factors Affecting Selection of Clothing, Care & Storage of Clothes .	
		Total	60

Reference Books

1. Hurlock E. "Developmental Psychology" 5th ed. Mc Graw Hill Publications , Europe
2. Devdas R and Jaya N. "A Textbook on Child Development" Macmillan India Limited, Madras 1991
3. Kandalkar L. "Manav Vikas" Vidya prakashan, Nagpur , 2010
4. Lathkar P. " Matrukala va Balvikas" Vidya books Publishers , Aurangabad , 2008
5. Varadpande N. "Bal Vikas"
6. Borude and etal "Vaikasik Manasshastra" Pune Vidyarthi Gruh, Pune
7. Jununkar K. "Matrukala"
8. Aggarwal S. "Textile and clothing" Srishti Book Distributors, New Delhi, 2007
- 9 . Sharma S.and Koushik V. "Textile and Laundry" Anmol Publications Pvt Ltd, New Delhi. 1994
10. Vinayak J. "Vastra Vigyan evam Paridhan" Sanjeev Prakashan , Merath
11. Tripathi K. "Vastra Vigyan evam dhulai kary"Pointer Publishers, Jaipur. 2006
12. Show and Show "Vyavharik Vastra Vigyan" Vinod Pustak Bhandar.1991
13. Adhav V. "Vastrashastra" Vidya Books ,Aurangabad. 1984
14. Vairagade, U. Agrawal, A. Vastrashstrachi Sankalpana v Fashion Designing. Vidya Books Publishers Aurangabad , 2014
15. Vairagade , Latkar , Muley ,"Vivah Aani Kutumb: Aadhunik Drishtikon" Vidya Books Publishers Aurangabad , 2019

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Home Science
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B.A. Second Year
Semester- IV

IHOMCP1252

Infant Kit Making & Embroidery-Practical

Credits: 04

Marks 100

Hours - 120

COURSE OBJECTIVE:

While studying the Practical course students will be able:

- To know about various types of Embroidery
- To learn types of Traditional Embroidery
- To study various types of Traditional Textiles
- To learn various types of printing methods.

COURSE OUTCOMES:

After completion of Practical course student will be able to:

- Understood the concept of Textiles Embroidery
- Understood the types of stitches, and Traditional Embroidery.
- Knowledge of Textiles Printing.

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Home Science

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B.A. Second Year

Semester- IV

IHOMCP1252

Infant Kit Making & Embroidery-Practical

Credits: 04

Marks 100

Hours - 60

Module No.	Unit No.	Topic	Hours
1.0	I	Embroidery	36
	1.1	Stem , Chain , Satin , Herringbone , Kashida , Chikankari	
	1.2	Jardosi , Bead/Moti work , Tikli work , Cross Stitch	
2.0	II	Batik , Block and Tie & dye	26
	2.1	Batik – One Sample	
	2.2	Block Printing – One Sample	
	2.3	Tie & Dye - Three Sample	
3.0	III	Puppet Making & Flash Card Book	24
	3.1	Puppet – One sample	
	3.2	Flash Card Book - Minimum Five Cards	
4.0	IV	Infant Kit	34
	4.1	Diaper	
	4.2	Bib	
	4.3	Frock (Zabale)	
		Total	120

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Home Science

(With Effective-2025-26)

B. A. Second Year

Semester-IV

Paper- IHOMMT1251

Marriage & Family

Credits: 04

Marks - 100

Hours - 60

COURSE OBJECTIVES:

While studying the Marriage and Family students will be able:

- To encourage student to learn about importance of Marriage and Family with regards to today's need.
- To develop the knowledge about various types of marriage and various types of family structures.
- To learn the importance of interpersonal relationships.

COURSE OUTCOMES:

- After completion of Course Marriage and Family Students will be able to know types of marriages and detail of importance of it.
- Able to learn types, functions and importance of family.
- Students will get information about interpersonal relationships.

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Home Science
(With Effective-2025-26)

B. A. Second Year

Semester-IV

Paper- IHOMMT1251

Marriage & Family

Credits: 04

Marks - 100

Hours - 60

Module No.	Unit No.	Topic	Hours
1.0	I	Marriage	
	1.1	Marriage – Definition , Concept , Functions of Marriage Types of Marriage- Ancient , Medieval ,Marriage Types depending on number of Brides & Bridegrooms.	16
	1.2	Hindu Marriage, Muslim Marriage, Christian Marriage, Buddha Marriage , Registered Marriage , Live in Relationship	
2.0	II	Readiness of Marriage	12
	2.1	Selection of Mate , Adjustments in Marriages	
	2.2	Pre Marriage counseling & Marriage counseling, Marital success	
	2.3	Divorce –Reasons , Process , Laws.	
3.0	III	Family	12
	3.1	Definition , Concept , Types of Family , Functions of family	
	3.2	Effects of Divorce on Family	
	3.3	Changing Family Structure in India	
4.0	IV	Interpersonal Relationships	20
	4.1	Meaning of Interpersonal Relationships	
	4.2	Importance of Interpersonal Relationships in the Family	
	4.3	Types of Interpersonal Relationships – Husband- wife, In-laws , Maternal , Paternal relations.	
			60

References

1. Hurlock E. “Developmental Psychology” 5th ed. Mc Graw Hill Publications , Europe
2. Devdas R and Jaya N. “A Textbook on Child Development” Macmillan India Limited, Madras 1991
3. Kandalkar L. “Manav Vikas” Vidya prakashan, Nagpur , 2010
4. Lathkar P. “ Matrukala va Balvikas” Vidya books Publishers , Aurangabad , 2008
5. Varadpande N. “Bal Vikas”
6. Borude and etal “Vaikasik Manasshastra” Pune Vidyarthi Gruh, Pune
7. Jununkar K. “Matrukala”
- 8 Farkade and Gonge, “Vivah Aani Koutumbik Sambandh”Vidya Prakashan , Nagpur ,2009

Home Science
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B.A. Second Year
Semester – IV

Paper- IHOMGE1251

Life after 60

Credits: 02

Marks - 50

Hours - 30

COURSE OBJECTIVES:

While studying the Life after 60 students will be able:

- To encourage student to learn all about old age
- To learn about adjustments in old age

COURSE OUT COMES:

After completion of Life after 60 students will be able to :

- Know the old age in detail
- Able to use knowledge about old people in daily life
- Able to know old aged changes , behavior, habits , adjustments and hazards.

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Home Science

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B.A. Second Year

Semester-IV

Paper- IHOMGE1251

Life after 60

Credits: 02

Marks - 50

Hours - 30

Module No.	Unit No.	Topic	Hours
1.0	I	Old age – Personal Adjustments	5
	1.1	Characteristics and Developmental Tasks of Old Age	
	1.2	Adjustment to Physical Changes ,	
	1.3	Changes in Mental Abilities, Motor Abilities , & Changed Interests	
2.0	II	Social Adjustments	5
	2.1	Social Adjustments in Old Age	
	2.2	Personal and Social hazards of Old Age	
3.0	III	Vocational Adjustments	10
	3.1	Vocational Adjustments , Need of Money ,	
	3.2	Adjustment to Retirement	
4.0	IV	Family Adjustments	10
	4.1	Adjustment to Changes in Life, Adjustment to Singlehood	
	4.2	Adjustment to loss of Spouse , Remarriage in Old age	
	4.3	Living Arrangements for Old People, Geographic Mobility in Old Age	
	4.4	Vocational and Family Life Hazards in Old age	
		Total	30

Reference Books

1. Hurlock E. "Developmental Psychology" 5th ed. Mc Graw Hill Publications , Europe
2. Devdas R and Jaya N. "A Textbook on Child Development" Macmillan India Limited, Madras 1991
3. Kandalkar L. "Manav Vikas" Vidya prakashan, Nagpur , 2010
4. Lathkar P. " Matrukala va Balvikas" Vidya books Publishers , Aurangabad , 2008
5. Varadpande N. "Bal Vikas"
6. Borude and etal "Vaikasik Manasshastra" Pune Vidyarthi Gruh, Pune
7. Jununkar K. "Matrukala"

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B. A. Second Year
Semester-IV

Paper- IHOMVC1251

Weaning & Supplementary Food (Practical)

Credits: 02

Marks - 50

Hours - 60

COURSE OBJECTIVES:

While studying the Weaning & Supplementary Food students will be able:

- To encourage student to learn practical Weaning & Supplementary Food with regards to today's style
- To learn Weaning & Supplementary Food for baby

COURSE OUT COMES :

After completion of Weaning & Supplementary Food practical students will be able to :

- Make Weaning & Supplementary Food at low price
- Able to use their creativity.
- Able to be self sufficient by Weaning & Supplementary Food.

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Home Science

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B. A. Second Year

Semester-IV

Paper- IHOMVC1251

Weaning & Supplementary Food (Practical)

Credits: 02

Marks - 50

Hours - 60

Module No.	Unit No.	Topic	Hours
1.0	I	Weaning Food	15
	1.1	Concept , Importance	
	1.2	One each Recipe of Weaning Food from Cereals + Pulses & Millets	
2.0	II	Supplementary Food	15
	2.1	Soya Laddu & Veg Dal Khichadi	
3.0	III	Geriatric Food	15
	3.1	Veg Smoothy , Fruits Smoothy	
4.0	IV	Iron Rich Food	15
	4.1	Garden cress Seed Kheer , Beetroot Juice	
			60