



स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ

नांदेड- ४३१६०६ (महाराष्ट्र)

SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY

NANDED-431606, MAHARASHTRA STATE, INDIA.

Established on 17th September 1994 - Recognized by the UGC U/s 2(f) and 12(B), NAAC Re-accredited with 'A' Grade



## ACADEMIC (1-BOARD OF STUDIES) SECTION

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संलग्नित महाविद्यालयातील सी.बी.सी.एस.  
पॅटर्नचा बी.ए. मानसशास्त्र (प्रथम वर्ष)  
अभ्यासक्रम शैक्षणिक वर्ष २०१६-१७  
पासून लागू करण्याबाबत.

## परिपत्रक

या परिपत्रकान्वये सर्व संबंधितांना कळविण्यात येते की, दिनांक १२ मे २०१६ रोजी संपन्न झालेल्या ३६व्या मा. विद्या परिषद बैठकीतील ऐनवेळचा विषय क्र.१०/३६-२०१६ च्या ठरावानुसार प्रस्तुत विद्यापीठाच्या संलग्नित महाविद्यालयांतील सामाजिक शास्त्रे विद्याशाखेतील खालील विषयाचा सी.बी.सी.एस. पॅटर्नचा अभ्यासक्रम शैक्षणिक वर्ष २०१६-१७ पासून लागू करण्यात येत आहे.

१. बी.ए. मानसशास्त्र (प्रथम वर्ष))

सदरील परिपत्रक व अभ्यासक्रम प्रस्तुत विद्यापीठाच्या [www.srtmun.ac.in](http://www.srtmun.ac.in) या संकेतस्थळावर उपलब्ध आहेत. तरी सदरील बाब ही सर्व संबंधितांच्या निदर्शनास आणून द्यावी.

‘ज्ञानतीर्थ’ परिसर,

विष्णुपुरी, नांदेड - ४३१ ६०६.

जा.क्र.: शैक्षणिक(१)/परिपत्रक/पदवी-सीबीसीएस अभ्यासक्रम/  
२०१६-१७/१०११

दिनांक : ०४.०८.२०१६.



स्वाक्षरित/-

संचालक

महाविद्यालय व विद्यापीठ विकास मंडळ

प्रत माहिती व पुढील कार्यवाहीस्तव :

- १) मा. कुलसचिव यांचे कार्यालय, प्रस्तुत विद्यापीठ.
- २) मा. परीक्षा नियंत्रक यांचे कार्यालय, प्रस्तुत विद्यापीठ.
- ३) प्राचार्य, सर्व संबंधित संलग्नित महाविद्यालये, प्रस्तुत विद्यापीठ.
- ४) उपकुलसचिव, पदव्युत्तर विभाग, प्रस्तुत विद्यापीठ.
- ५) साहाय्यक कुलसचिव, पात्रता विभाग, प्रस्तुत विद्यापीठ.
- ६) सिस्टम एक्सपर्ट, शैक्षणिक विभाग, प्रस्तुत विद्यापीठ.

**SWAMI RAMANAND TEERTH MARATHWADA  
UNIVERSITY, NANDED.**



**SYLLABUS**

**PSYCHOLOGY**

**B.A. FIRST YEAR**

**SEMESTER PATTERN  
(Choice Based Credit System)**

**With effect from June, 2016-2017**

**Swami Ramanand Teerth Marathwada University, Nanded.**  
**Choice Based Credit System (CBCS)**  
**Faculty of Social Sciences**  
**Under Graduate Programmes (UG)**  
**PSYCHOLOGY**  
**Curriculum Structure and Scheme of Evaluation for B.A. First Year**  
**With effective from 2016-17**

Semester	Core Course		Paper No.	Title of the Paper	(Periods/ Week)	Total Periods	Scheme of Evaluation		
							External ESE	Internal CA	Credit (Marks)
I	CCPSY-I	Section - A	I	Basic Concepts in Psychology	3	45	40	10	Credit:02 (Marks:50)
		Section - B	II	Basic Concepts in Social Psychology	3	45	40	10	Credit:02 (Marks:50)
II	CCPSY-II	Section - A	III	General Psychology	3	45	40	10	Credit:02 (Marks:50)
		Section - B	IV	Social Psychology	3	45	40	10	Credit:02 (Marks:50)
<b>Annual Pattern</b>	CCPSYP-I		V	Psychology Practicum's: Experiments & Test	4 (Per Batch)	120	80	20	Credit:04 (Marks:100)
<b>Total</b>							<b>240</b>	<b>60</b>	Credit:12 (Marks:300)

**CCPSY:** Core Course Psychology, **CCPSYP:** Core Course Psychology Practical, **ESE:** End of semester examination, **CA:** Continuous Assessment  
**CA of Marks-10:** 05 marks for Test/ Assignments & 05 marks for attendance

**CA of Marks-20:** 10 marks for Test & 10 marks for attendance

Teaching work load will be of **three** periods for theory and **four** periods for practical **per week per batch.**

- 1) Strength of students for each practical batch shall not be more than **twenty (20)**
- 2) Submission of Record Book is compulsory.
- 3) Students shall not be allowed for practical examination without certified Record Book.
- 4) Total periods for each theory paper shall be **(45+45) 90** per semester.
- 5) Total periods for practical paper shall be **120** per year per batch.
- 6) Practical examination will be held in second semester.

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**Under Graduate Programmes (UG)**

**Syllabus for B. A. F.Y. First Semester**

**CORE COURSE PSYCHOLOGY (CCPSY)-I**

**Section – A**

**Paper I –Basic Concepts in Psychology**

**With effective from 2016-17.**

**Credit : 02 (Marks – 50)**

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**Objectives:**

1. To provide solid foundation for the basic principles of psychology.
  2. To familiarize students with the historical trends in psychology, major concepts, theoretical perspectives, and empirical findings.
  3. To provide an overview of the applications of psychology.
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**UNIT-I- PSYCHOLOGY: SCIENCE AND PERSPECTIVES**

- a. Definition, nature and Goals of Psychology as a Science.
- b. Types of Psychological Professionals
- c. Perspectives in Psychology – Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism, Humanistic, Cognitive, Bio-psycho-socio-cultural
- d. Scientific Methods – Steps in Scientific Methods, Descriptive methods: Naturalistic, Observation, Case Studies, Experimental method: Laboratory experiment and field experiment
- e. Applications: How to enhance your academic performance?

**UNIT-II- SENSATION, ATTENTION AND PERCEPTION**

- a. Sensation – Definition, Nature and Process
- b. Attention – Definition, Types, Determinants, Span of Attention
- c. Perception – Definition, Gestalt Principles and Perceptual Constancies

- d. Perceptual Illusions- Geometrical, movement
- e. Applications – Thinking about Extra Sensory Perception (ESP)

### **UNIT -III- MOTIVATION**

- a. Definition of Motivation – Concept of homeostasis
- b. Types of Motives – Biological, Social
- c. Approaches to Understanding Motivation- Instinct Approaches, Drive-Reduction Approaches, Humanistic Approaches.
- d. Frustration – Sources of Frustration, Types of Conflicts
- e. Applications – Intrinsic Motivation

### **UNIT -IV-EMOTION**

- a. Emotion - Nature and Definition
- b. Elements of Emotion- The Physiology of Emotion, The Behaviour of Emotion, Subjective Experience.
- c. Theories of emotion: James-Lange, Canon Bard, Schachter-Singer and Lazarus
- d. The facial feedback hypothesis
- e. Applications – Being Happy

### **References:**

1. Baron, R. A. (2001). *Psychology*. New Delhi: Pearson Education Pvt. Ltd.
2. Ciccarelli , Sandra, White N. (2011). *Psychology: An Exploration* (2nd edition), New Delhi, Pearson Publications.
3. Ciccarelli, S and Meyer, G. E. (2011). *Psychology*, New Delhi, Pearson Publications.
4. Coon, D. & Mitterer, J. O. (2007). *Introduction to Psychology: Gateways to mind and behavior*, Singapore, Thomson Wadsworth.

5. Feldman, Robert (2009). *Understanding Psychology*, 9th edition, Tata McGraw Hill.
6. Lahey, B. B. (2003). *Psychology: An introduction*, New Delhi: Tata McGraw-Hill.
7. Morgan, C. T., King, R. A., Weisz, J. R. and Schopler, J. (1986). *Introduction to psychology*. McGraw-Hill Book Co.
8. Morgan, King, Weisz, Schopler (2001). *Introduction to psychology*, Tata McGraw Hill.
9. Passer, M. W. & Smith, R. E. (2007). *Psychology: The science of mind and behaviour*, New Delhi: Tata McGraw-Hill.
10. Smith, D. B. (1998). *Psychology: Science and understanding*, Boston: McGraw-Hill.
11. Smith, E. E., Hocksema, S. N., Fredrickson, B. and Loftus, G. R. (2003). *Atkinson and Hilgard's Introduction to Psychology*, Singapore: Thompson Wadsworth.
12. Zimbardo, P. G. and Weber, A. L. (1997). *Psychology*, N.Y.: Pearson.
13. Abhyankar, SC:, Oke, A; Golwilkar S, (2013). *Manashastra: Vartanache Shashtra*, Delhi: Pearson.
14. Abhyankar, SC:, Oke, A; Golwilkar S, (2006) *Manashastra*, New Delhi: Pearson.
15. Badgujar, Bachhav, & Shinde (2001). *Samanya manasashastra*, Nashik: Swayambhu Prakashan.
16. Inamdar, Gadekar & Patil (2006). *Adhunik manasashastra*, Pune: Diamond Publication.
17. Padhye, V. S. (2004). *Manasashastra-Ek Parichay*, Aurangabad: Renuka Prakashan.
18. Pandit, Kulkarni & Gore (1999). *Samanya manasashastra*, Nagpur: Pimpalapur Prakashan.

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**Syllabus for B. A. F.Y. First Semester**

**CORE COURSE PSYCHOLOGY (CCPSY)-I**

**Section – B**

**Paper II –Basic Concepts in Social Psychology**

**With effective from 2016-17.**

**Credit : 02 (Marks – 50)**

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**Objectives:**

1. To enable student to appreciate how individual behaviours is influenced by social and cultural contexts.
2. To enable student to develop an understanding of functioning of dyads, groups and organization.
3. To understand the unique feature of the Indian socio-cultural context.
4. To understand how social problems can be analyzed in terms of various social psychological theories.

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**Unit – I – SOCIAL PSYCHOLOGY**

- a. Social Psychology: What it is and what it does?
- b. Social Psychology : Its cutting edge
- c. A Brief Look at History: The origins and early development of Social Psychology
- d. How Social Psychologist Answer the Fascinating Questions They Raise: Research as the route to increased knowledge

**Unit –II – SOCIAL PERCEPTION**

- a. Nonverbal Communication: The unspoken language of expression, gazes and gestures
- b. Attribution: Understanding the causes of others' Behaviour
- c. Impression Formation and Impression Management: Combining information about others

### **Unit – III – THE SELF**

- a. Self-Presentation: Managing the self in different social contexts
- b. Self-Knowledge: How do we know who we are?
- c. Thinking About the Self: Personal versus social identity
- d. Self Esteem: Attitudes towards ourselves
- e. Social Comparison: How we evaluate ourselves

### **Unit – IV – ATTITUDES**

- a. Attitude Formation: How attitude develop
- b. When and why do attitudes influence behaviour?
- c. How do attitude guide behaviour?
- d. Change in Attitudes Towards the Environment: The unique case of the Chipko Movement
- e. Cognitive Dissonance: What it is and how do we manage it?

### **References:**

1. Baron, Branscombe, Byrne & Bhardwaj (2009). *Social Psychology*, 12<sup>th</sup> Ed., New Delhi: Pearson.
2. Misra, Grishwar (1990). *Applied Social Psychology in India*, New Delhi: Sage Publication.
3. Myers, D.G.(1996). *Social Psychology*, 5<sup>th</sup> Ed., New Delhi: Tata McGraw-Hill.
4. Myers, D.G.(2006). *Social Psychology*, 8<sup>th</sup> Ed., New Delhi: Tata McGraw-Hill.
5. Natu S., Vaidhya A. & Rajhans M.(2012). *Samajik Manasshastra*, Delhi: Pearson.
6. Golwilkar Shila, Abhyankar Shobhana & Tanuja Khair (2012). *Samajik Manasshastra*, Pune: Narendra Prakashan.
7. Singh,A.K. *Saamaajik Manovidnyaan*, New Delhi, Motilal Banarasidas.
8. Gadekar K.N., Patil A. & Inamdar A.K.(2007). *Pragat Samajik Manashastra*, Pune: Diamond Publication.
9. Palsane M.N. & Talwalkar V. (2000). *Samajik Manasshastra*, Pune: Continental Prakashan.
10. Rane S.S. & Shinde M.G. *Pragat Samajik Manashastra*, Jalgaon: Prashant Publication.
11. Tadsare, Tambake, Patil & Darekar (2003). *Samajik Manasshatra*, Kolhapur: Phadke Prakashan.



**Swami Ramanand Teerth Marathwada University, Nanded.**

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**Faculty of Social Sciences**

**Under Graduate Programmes (UG)**

**Syllabus for B. A. F.Y. Second Semester**

**CORE COURSE PSYCHOLOGY (CCPSY)-II**

**Section – A**

**Paper III –General Psychology**

**With effective from 2016-17.**

**Credit : 02 (Marks – 50)**

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**Objectives:**

1. To provide solid foundation for the basic principles of psychology.
  2. To familiarize students with the historical trends in psychology, major concepts, theoretical perspectives, and empirical findings.
  3. To provide an overview of the applications of psychology.
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**UNIT- I- LEARNING**

- a. Definition of learning
- b. Classical conditioning
- c. Operant conditioning
- d. Theories of Learning - Thorndike's laws of learning, Cognitive learning theories -Tolman, Kohler, Observational learning theory (Bandura)
- e. Application of Classical and Operant Conditioning

**UNIT -II- PERSONALITY**

- a. Nature, Definition and Misconceptions
- b. Freud's Psychoanalytical Theory of Personality
- c. Trait Approaches to Personality: Allport's approach, Cattell's 16PF, McCrae and Costa Big-5
- d. Assessment Techniques – Behavioural, Projective and Self Report Inventories i) MMPI ii) CPI iii) Neo PI
- e. Applications: SWOT Analysis

### **UNIT -III - MEMORY**

- a. Definition and process
- b. Types of memory - Sensory memory, Short term memory, Long term memory
- c. Types of long term memory- Procedural, Declarative (Episodic, Semantic), Explicit and Implicit
- d. Forgetting - Definition, Course of forgetting (Ebbinghaus' forgetting curve), Cause of forgetting.
- e. Application: Improving memory

### **UNIT-IV- INTELLIGENCE**

- a. Definition of intelligence
- b. Measurement of intelligence- Concept in measurement of intelligence (C.A., M.A.,IQ)
- c. Test of Intelligence-Binet, Stanford Binet, Wechsler
- d. Theories of intelligence - Spearman, Gardner, Sternberg
- e. Application : Early childhood intervention – a means for boosting intelligence

### **References:**

1. Baron, R. A. (2001). *Psychology*. New Delhi: Pearson Education Pvt. Ltd.
2. Ciccarelli , Sandra, White N. (2011). *Psychology: An Exploration* (2nd edition), New Delhi, Pearson Publications.
3. Ciccarelli, S and Meyer, G. E. (2011). *Psychology*, New Delhi, Pearson Publications.
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8. Morgan, King, Weisz, Schopler (2001). *Introduction to psychology*, Tata McGraw Hill.
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12. Zimbardo, P. G. and Weber, A. L. (1997). *Psychology*, N.Y.: Pearson.
13. Abhyankar, SC:, Oke, A; Golwilkar S, (2013). *Manashastra: Vartanache Shashtra*, Delhi: Pearson.
14. Abhyankar, SC:, Oke, A; Golwilkar S, (2006) *Manashastra*, New Delhi: Pearson.
15. Badgular, Bachhav, & Shinde (2001). *Samanya manasashastra*, Nashik: Swayambhu Prakashan.
16. Inamdar, Gadekar & Patil (2006). *Adhunik manasashastra*, Pune: Diamond Publication.
17. Padhye, V. S. (2004). *Manasashastra-Ek Parichay*, Aurangabad: Renuka Prakashan.
18. Pandit, Kulkarni & Gore (1999). *Samanya manasashastra*, Nagpur: Pimpalapur Prakashan.

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**Choice Based Credit System (CBCS)**

**Faculty of Social Sciences**

**Under Graduate Programmes (UG)**

**Syllabus for B. A. F.Y. Second Semester**

**CORE COURSE PSYCHOLOGY (CCPSY)-II**

**Section – B**

**Paper IV –Social Psychology**

**With effective from 2016-17.**

**Credit : 02 (Marks – 50)**

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**Objectives:**

1. To enable student to appreciate how individual behaviours is influenced by social and cultural contexts.
  2. To enable student to develop an understanding of functioning of dyads, groups and organization.
  3. To understand the unique feature of the Indian socio-cultural context.
  4. To understand how social problems can be analyzed in terms of various social psychological theories.
- 

**Unit – I – STEREOTYPING, PREJUDICE AND DISCRIMINATION**

- a. How members of different groups perceive inequality
- b. The nature and origins of stereotyping
- c. The nature and power of prejudice
- d. Prejudice and discrimination: Feelings and actions towards social groups
- e. Why prejudice is not inevitable: Techniques for countering its effects

**Unit – II – AGGRESSION**

- a. What is Aggression?
- b. Perspectives on Aggression: In search of the roots of violence
- c. Causes of human aggression: Social, cultural, personal and situational
- d. Aggression in ongoing relationships: Bullying and aggression at work
- e. The prevention and control of aggression: Some of useful techniques

### **Unit – III- INTERPERSONAL ATTRACTION AND CLOSE RELATIONSHIPS**

- a. Internal determinants of attraction: The need to affiliate and the basic role of affect
- b. External determinants of attraction: Proximity and others' observable characteristics
- c. Factors based on interacting with others: Similarity and mutual liking
- d. Close relationships : Family, friends, lovers and spouses
- e. Interdependent relationships: family and friends

### **Unit – IV – APPLICATIONS OF SOCIAL PSYCHOLOGY**

- a. Social psychology and the legal system
- b. Social psychology and health
- c. Social psychology and the world of work

### **References:**

1. Baron, Branscombe, Byrne & Bhardwaj (2009). *Social Psychology*, 12<sup>th</sup> Ed., New Delhi: Pearson.
2. Misra, Grishwar (1990). *Applied Social Psychology in India*, New Delhi: Sage Publication.
3. Myers, D.G.(1996). *Social Psychology*, 5<sup>th</sup> Ed., New Delhi: Tata McGraw-Hill.
4. Myers, D.G.(2006). *Social Psychology*, 8<sup>th</sup> Ed., New Delhi: Tata McGraw-Hill.
5. Natu S., Vaidhya A. & Rajhans M.(2012). *Samajik Manasshastra*, Delhi: Pearson.
6. Golwilkar Shila, Abhyankar Shobhana & Tanuja Khair (2012). *Samajik Manasshastra*, Pune: Narendra Prakashan.
7. Singh,A.K. *Saamaajik Manovidnyaan*, New Delhi, Motilal Banarasidas.
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9. Palsane M.N. & Talwalkar V. (2000). *Samajik Manasshastra*, Pune: Continental Prakashan.
10. Rane S.S. & Shinde M.G. *Pragat Samajik Manashastra*, Jalgaon: Prashant Publication.
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**Syllabus for B. A. F.Y. (Annual Pattern)**

**CORE COURSE PSYCHOLOGY PRACTICAL (CCPSYP)-I**

**Paper V – Psychology Practicum's: Experiments & Test**

**With effective from 2016-17.**

**Credit : 04 (Practical Mark = 100)**

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**Objectives:**

1. To create interest in psychological phenomenon.
  2. To develop awareness of psychological tools, techniques and tests.
  3. To nurture the skill of observation.
- 

**Total Practicals =12**

**1. Motivation & Emotion (Any Two)**

- a. Facial Expression
- b. Knowledge of Result
- c. Colour Preference
- d. Test of Emotional Intelligence: Ankool Hyde, Sanjyot Pethe & Upinder Dhar
- e. Emotional Maturity Scale : R. Bharadawaj & H. Sharma
- f. Deo-Mohan Achievement Motivation Scale (N-Ach): Prathiba Deo & Asha Mohan

**2. Sensation & Perception (Any Two)**

- a. PSE
- b. Illusion
- c. Perception of grouping
- d. Figure and Ground
- e. Span of Attention

### **3. Social Process (Any Two)**

- a. Attitude Scale towards Religion : R.K. Ojha
- b. Religiosity Scale : L.I. Bhusan
- c. Aggression Scale : G.C. Pati
- d. Aggression Inventory : M.K. Sultana
- e. Prejudice Scale : R.I. Bharadwaj & H. Sharma

### **4. Learning & Memory (Any Two)**

- a. Retroactive Inhibition
- b. Proactive Inhibition
- c. Recall and Recognition
- d. LTM
- e. STM
- f. Habit Interference
- g. Transfer of learning

### **5. Intelligence (Any Two)**

- a. Pass along Test
- b. Koh's Block Test
- c. Standard Progressive Matrices
- d. Verbal Test of Intelligence
- e. Bhatia's IQ Battery
- f. Social Intelligence Scale

## 6. Personality (Any Two)

- a. Introversion-Extroversion Test
- b. Adjustment Test
- c. Anxiety Test
- d. 16 PF
- e. Type A/B Behaviour Pattern Scale

### Distribution of Marks

Section A				Section B	Total
Procedure	Viva	Report	Record Book	Internal	
20	20	20	20	20	100



## Reference Books:

1. Rajamanickam, M. (2005). *Experimental Psychology: With Advanced Experiments, Vol. 1 & 2*. New Delhi: Concept Publishing Company.
2. Parameshwarn, E.G. & Rao, B. T. (1968) *Manual of Experimental Psychology*. Bombay: Lalvani Publishing House.
3. Mohsin, S. M. (1975). *Experiments in Psychology*. Orient Longman.
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5. Tinker, M.A. & Russell, W. A. *Introduction to Methods in experimental Psychology*. Appleton – Century Crofts.
6. Jalota, S (1962). *Experiments in Psychology*. Asia Publishing House.
7. Galloti, K. M. (2004). *Cognitive Psychology In and Out of Laboratory*. USA:ThomsonWadsworth.
8. Baker, L. M., Weisiger, C. & Taylor, M. W. (1960). *Laboratory Experiments in General Psychology*. Oxferd Univ. Press.
9. Berkowitz, L. (1974). *Advanced Experimental Social Psychology*. Academic Press.
10. Debold, R. C. (1968). *Manual of Contemporary Experiments in Psychology*. Prentice-Hall.
11. Ferguson, E. D. (1976). *Motivation: An Experimental Approach*. Holt Rinechart & Winston.
12. Collins, M. & Drever, J. (1930). *Experimental Psychology*. London: Methun & Co.Ltd.
13. Sonodgrass, J. G., Levy-Berger, Hyden (1985). *Human Experimental Psychology*. New York: Oxford University Press.
14. Kuppuswamy, B. (1958). *Elementary Experiments in Psychology*. London: Oxford University Press.

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