

**SWAMI RAMANAND TEERTH MARATHWADA  
UNIVERSITY, NANDED.**



**SYLLABUS**

**PSYCHOLOGY**

**B.A. FIRST YEAR**

**SEMESTER PATTERN  
(Revised)**

**With effect from June, 2013-2014**

**Swami Ramanand Teerth Marathwada University, Nanded.**  
**PSYCHOLOGY**  
**Curriculum Structure and Scheme of Evaluation for B.A. First Year**  
**With effective from 2013-14.**

Sr. No.	Semester	Paper No.	Title of the Paper	Scheme of Teaching (Periods/Week)			Scheme of Evaluation		
				L	P	Total Periods	Theory	Pract /Viva-Voce	Total Marks
1	I	I	Basic Concepts in Psychology	3	-	3	30	-	30
		II	Basic Concepts in Social Psychology	3	-	3	30	-	30
		-	Psychology Practicum's: Experiments & Test	-	4	4 (Per Batch)	-	-	-
<b>Total of Semester - I</b>				<b>6</b>	<b>4</b>	<b>10</b>	<b>60</b>	<b>-</b>	<b>60</b>
2	II	III	General Psychology	3	-	3	30	-	30
		IV	Social Psychology	3	-	3	30	-	30
3	<b>Semester I &amp; II</b>	V	Psychology Practicum's: Experiments & Test	-	4	4 (Per Batch)	-	80	80
<b>Total of Semester - II</b>				<b>6</b>	<b>4</b>	<b>10</b>	<b>60</b>	<b>80</b>	<b>140</b>

Teaching work load will be of **three** periods for theory and **four** periods for practical **per week per batch**.

- 1) Strength of students for each practical batch shall not be more than **twenty (20)**
- 2) Submission of Record Book is compulsory.
- 3) Students shall not be allowed for practical examination without certified Record Book.
- 4) Total periods for each theory paper shall be **60** per semester.
- 5) Total periods for practical paper shall be **120** per year per batch.
- 6) Practical examination will be held in second semester.
- 7) There are no internal marks for unit tests but internal marks will be awarded for certified Record Book.

**Swami Ramanand Teerth Marathwada University, Nanded.**

**PSYCHOLOGY**

**Syllabus for B. A. F.Y. First Semester  
Paper I –Basic Concepts in Psychology  
With effective from 2013-14.**

**Marks – 30**

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**Objectives:**

1. To provide solid foundation for the basic principles of psychology.
  2. To familiarize students with the historical trends in psychology, major concepts, theoretical perspectives, and empirical findings.
  3. To provide an overview of the applications of psychology.
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**UNIT-I- PSYCHOLOGY: SCIENCE AND PERSPECTIVES**

- a. Definition, nature and Goals of Psychology as a Science.
- b. Types of Psychological Professionals
- c. Perspectives in Psychology – Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism, Humanistic, Cognitive, Bio-psycho-socio-cultural
- d. Scientific Methods – Steps in Scientific Methods, Descriptive methods: Naturalistic, Observation, Case Studies, Experimental method: Laboratory experiment and field experiment
- e. Applications: How to enhance your academic performance?

**UNIT-II- SENSATION, ATTENTION AND PERCEPTION**

- a. Sensation – Definition, Nature and Process
- b. Attention – Definition, Types, Determinants, Span of Attention
- c. Perception – Definition, Gestalt Principles and Perceptual Constancies
- d. Perceptual Illusions- Geometrical, movement
- e. Applications – Thinking about Extra Sensory Perception (ESP)

### **UNIT -III- MOTIVATION**

- a. Definition of Motivation – Concept of homeostasis
- b. Types of Motives – Biological, Social
- c. Approaches to Understanding Motivation- Instinct Approaches, Drive-Reduction Approaches, Humanistic Approaches.
- d. Frustration – Sources of Frustration, Types of Conflicts
- e. Applications – Intrinsic Motivation

### **UNIT -IV-EMOTION**

- a. Emotion - Nature and Definition
- b. Elements of Emotion- The Physiology of Emotion, The Behaviour of Emotion, Subjective Experience.
- c. Theories of emotion: James-Lange, Canon Bard, Schachter-Singer and Lazarus
- d. The facial feedback hypothesis
- e. Applications – Being Happy

### **References:**

1. Baron, R. A. (2001). *Psychology*. New Delhi: Pearson Education Pvt. Ltd.
2. Ciccarelli , Sandra, White N. (2011). *Psychology: An Exploration* (2nd edition), New Delhi, Pearson Publications.
3. Ciccarelli, S and Meyer, G. E. (2011). *Psychology*, New Delhi, Pearson Publications.
4. Coon, D. & Mitterer, J. O. (2007). *Introduction to Psychology: Gateways to mind and behavior*, Singapore, Thomson Wadsworth.
5. Feldman, Robert (2009). *Understanding Psychology*, 9th edition, Tata McGraw Hill.
6. Lahey, B. B. (2003). *Psychology: An introduction*, New Delhi: Tata McGraw-Hill.
7. Morgan, C. T., King, R. A., Weisz, J. R. and Schopler, J. (1986). *Introduction to psychology*. McGraw-Hill Book Co.

8. Morgan, King, Weisz, Schopler (2001). *Introduction to psychology*, Tata McGraw Hill.
9. Passer, M. W. & Smith, R. E. (2007). *Psychology: The science of mind and behaviour*, New Delhi: Tata McGraw-Hill.
10. Smith, D. B. (1998). *Psychology: Science and understanding*, Boston: McGraw-Hill.
11. Smith, E. E., Hocksema, S. N., Fredrickson, B. and Loftus, G. R. (2003). *Atkinson and Hilgard's Introduction to Psychology*, Singapore: Thompson Wadsworth.
12. Zimbardo, P. G. and Weber, A. L. (1997). *Psychology*, N.Y.: Pearson.
13. Abhyankar, SC:, Oke, A; Golwilkar S, (2013). *Manashastra: Vartanache Shashtra*, Delhi: Pearson.
14. Abhyankar, SC:, Oke, A; Golwilkar S, (2006) *Manashastra*, New Delhi: Pearson.
15. Badgujar, Bachhav, & Shinde (2001). *Samanya manasashastra*, Nashik: Swayambhu Prakashan.
16. Inamdar, Gadekar & Patil (2006). *Adhunik manasashastra*, Pune: Diamond Publication.
17. Padhye, V. S. (2004). *Manasashastra-Ek Parichay*, Aurangabad: Renuka Prakashan.
18. Pandit, Kulkarni & Gore (1999). *Samanya manasashastra*, Nagpur: Pimpalpure Prakashan.

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**PSYCHOLOGY**  
**Syllabus for B. A. F.Y. First Semester**  
**Paper II –Basic Concepts in Social Psychology**  
**With effective from 2013-14.**

**Marks – 30**

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**Objectives:**

1. To enable student to appreciate how individual behaviours is influenced by social and cultural contexts.
  2. To enable student to develop an understanding of functioning of dyads, groups and organization.
  3. To understand the unique feature of the Indian socio-cultural context.
  4. To understand how social problems can be analyzed in terms of various social psychological theories.
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**Unit – I – SOCIAL PSYCHOLOGY**

- a. Social Psychology: What it is and what it does?
- b. Social Psychology : Its cutting edge
- c. A Brief Look at History: The origins and early development of Social Psychology
- d. How Social Psychologist Answer the Fascinating Questions They Raise: Research as the route to increased knowledge

**Unit –II – SOCIAL PERCEPTION**

- a. Nonverbal Communication: The unspoken language of expression, gazes and gestures
- b. Attribution: Understanding the causes of others' Behaviour
- c. Impression Formation and Impression Management: Combining information about others

**Unit – III – THE SELF**

- a. Self-Presentation: Managing the self in different social contexts
- b. Self-Knowledge: How do we know who we are?
- c. Thinking About the Self: Personal versus social identity
- d. Self Esteem: Attitudes towards ourselves
- e. Social Comparison: How we evaluate ourselves

## Unit – IV – ATTITUDES

- a. Attitude Formation: How attitude develop
- b. When and why do attitudes influence behaviour?
- c. How do attitude guide behaviour?
- d. Change in Attitudes Towards the Environment: The unique case of the Chipko Movement
- e. Cognitive Dissonance: What it is and how do we manage it?

### References:

1. Baron, Branscombe, Byrne & Bhardwaj (2009). *Social Psychology*, 12<sup>th</sup> Ed., New Delhi: Pearson.
2. Misra, Grishwar (1990). *Applied Social Psychology in India*, New Delhi: Sage Publication.
3. Myers, D.G.(1996). *Social Psychology*, 5<sup>th</sup> Ed., New Delhi: Tata McGraw-Hill.
4. Myers, D.G.(2006). *Social Psychology*, 8<sup>th</sup> Ed., New Delhi: Tata McGraw-Hill.
5. Natu S., Vaidhya A. & Rajhans M.(2012). *Samajik Manasshastra*, Delhi: Pearson.
6. Golwilkar Shila, Abhyankar Shobhana & Tanuja Khair (2012). *Samajik Manasshastra*, Pune: Narendra Prakashan.
7. Singh,A.K. *Saamaajik Manovidnyaan*, New Delhi, Motilal Banarasidas.
8. Gadekar K.N., Patil A. & Inamdar A.K.(2007). *Pragat Samajik Manashastra*, Pune: Diamond Publication.
9. Palsane M.N. & Talwalkar V. (2000). *Samajik Manasshastra*, Pune: Continental Prakashan.
10. Rane S.S. & Shinde M.G. *Pragat Samajik Manashastra*, Jalgaon: Prashant Publication.
11. Tadsare, Tambake, Patil & Darekar (2003). *Samajik Manasshatra*, Kolhapur: Phadke Prakashan.

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**PSYCHOLOGY**  
**Syllabus for B. A. F.Y. Second Semester**  
**Paper III –General Psychology**  
**With effective from 2013-14.**

**Marks – 30**

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**Objectives:**

1. To provide solid foundation for the basic principles of psychology.
  2. To familiarize students with the historical trends in psychology, major concepts, theoretical perspectives, and empirical findings.
  3. To provide an overview of the applications of psychology.
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**UNIT- I- LEARNING**

- a. Definition of learning
- b. Classical conditioning
- c. Operant conditioning
- d. Theories of Learning - Thorndike's laws of learning, Cognitive learning theories -Tolman, Kohler, Observational learning theory (Bandura)
- e. Application of Classical and Operant Conditioning

**UNIT -II- PERSONALITY**

- a. Nature, Definition and Misconceptions
- b. Freud's Psychoanalytical Theory of Personality
- c. Trait Approaches to Personality: Allport's approach, Cattell's 16PF, McCrae and Costa Big-5
- d. Assessment Techniques – Behavioural, Projective and Self Report Inventories i) MMPI ii) CPI iii) Neo PI
- e. Applications: SWOT Analysis



### **UNIT -III - MEMORY**

- a. Definition and process
- b. Types of memory - Sensory memory, Short term memory, Long term memory
- c. Types of long term memory- Procedural, Declarative (Episodic, Semantic), Explicit and Implicit
- d. Forgetting - Definition, Course of forgetting (Ebbinghaus' forgetting curve), Cause of forgetting.
- e. Application: Improving memory

### **UNIT-IV- INTELLIGENCE**

- a. Definition of intelligence
- b. Measurement of intelligence- Concept in measurement of intelligence (C.A., M.A.,IQ)
- c. Test of Intelligence-Binet, Stanford Binet, Wechsler
- d. Theories of intelligence - Spearman, Gardner, Sternberg
- e. Application : Early childhood intervention – a means for boosting intelligence

### **References:**

1. Baron, R. A. (2001). *Psychology*. New Delhi: Pearson Education Pvt. Ltd.
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**PSYCHOLOGY**  
**Syllabus for B. A. F.Y. Second Semester**  
**Paper IV –Social Psychology**  
**With effective from 2013-14.**

**Marks – 30**

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**Objectives:**

1. To enable student to appreciate how individual behaviours is influenced by social and cultural contexts.
  2. To enable student to develop an understanding of functioning of dyads, groups and organization.
  3. To understand the unique feature of the Indian socio-cultural context.
  4. To understand how social problems can be analyzed in terms of various social psychological theories.
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**Unit – I – STEREOTYPING, PREJUDICE AND DISCRIMINATION**

- a. How members of different groups perceive inequality
- b. The nature and origins of stereotyping
- c. The nature and power of prejudice
- d. Prejudice and discrimination: Feelings and actions towards social groups
- e. Why prejudice is not inevitable: Techniques for countering its effects

**Unit – II – AGGRESSION**

- a. What is Aggression?
- b. Perspectives on Aggression: In search of the roots of violence
- c. Causes of human aggression: Social, cultural, personal and situational
- d. Aggression in ongoing relationships: Bullying and aggression at work
- e. The prevention and control of aggression: Some of useful techniques

**Unit – III- INTERPERSONAL ATTRACTION AND CLOSE RELATIONSHIPS**

- a. Internal determinants of attraction: The need to affiliate and the basic role of affect

- b. External determinants of attraction: Proximity and others' observable characteristics
- c. Factors based on interacting with others: Similarity and mutual liking
- d. Close relationships : Family, friends, lovers and spouses
- e. Interdependent relationships: family and friends

#### **Unit – IV – APPLICATIONS OF SOCIAL PSYCHOLOGY**

- a. Social psychology and the legal system
- b. Social psychology and health
- c. Social psychology and the world of work

#### **References:**

1. Baron, Branscombe, Byrne & Bhardwaj (2009). *Social Psychology*, 12<sup>th</sup> Ed., New Delhi: Pearson.
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9. Palsane M.N. & Talwalkar V. (2000). *Samajik Manasshastra*, Pune: Continental Prakashan.
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11. Tadsare, Tambake, Patil & Darekar (2003). *Samajik Manasshatra*, Kolhapur: Phadke Prakashan.

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**PSYCHOLOGY**

**Syllabus for B. A. F.Y. (Semester I & II)**

**Paper V – Psychology Practicum's: Experiments & Test**

**With effective from 2013-14.**

**Practical Mark = 80**

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**Objectives:**

1. To create interest in psychological phenomenon.
  2. To develop awareness of psychological tools, techniques and tests.
  3. To nurture the skill of observation.
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**Total Practicals =12**

**1. Motivation & Emotion (Any Two)**

- a. Facial Expression
- b. Knowledge of Result
- c. Colour Preference
- d. Test of Emotional Intelligence: Ankool Hyde, Sanjyot Pethe & Upinder Dhar
- e. Emotional Maturity Scale : R. Bharadawaj & H. Sharma
- f. Deo-Mohan Achievement Motivation Scale (N-Ach): Prathiba Deo & Asha Mohan

**2. Sensation & Perception (Any Two)**

- a. PSE
- b. Illusion
- c. Perception of grouping
- d. Figure and Ground
- e. Span of Attention

**3. Social Process (Any Two)**

- a. Attitude Scale towards Religion : R.K. Ojha
- b. Religiosity Scale : L.I. Bhusan
- c. Aggression Scale : G.C. Pati
- d. Aggression Inventory : M.K. Sultana
- e. Prejudice Scale : R.I. Bharadwaj & H. Sharma

**4. Learning & Memory (Any Two)**

- a. Retroactive Inhibition
- b. Proactive Inhibition
- c. Recall and Recognition
- d. LTM
- e. STM
- f. Habit Interference
- g. Transfer of learning

**5. Intelligence (Any Two)**

- a. Pass along Test
- b. Koh's Block Test
- c. Standard Progressive Matrices
- d. Verbal Test of Intelligence
- e. Bhatia's IQ Battery
- f. Social Intelligence Scale

**6. Personality (Any Two)**

- a. Introversion-Extroversion Test
- b. Adjustment Test
- c. Anxiety Test
- d. 16 PF
- e. Type A/B Behaviour Pattern Scale

**Distribution of Marks**

Section A				Total
Procedure	Viva	Report	Record Book (Internal)	
20	20	20	20	80

## Reference Books:

1. Rajamanickam, M. (2005). *Experimental Psychology: With Advanced Experiments, Vol. 1 & 2*. New Delhi: Concept Publishing Company.
2. Parameshwarn, E.G. & Rao, B. T. (1968) *Manual of Experimental Psychology*. Bombay: Lalvani Publishing House.
3. Mohsin, S. M. (1975). *Experiments in Psychology*. Orient Longman.
4. Mohanthy. *Experiments in Psychology*.
5. Tinker, M.A. & Russell, W. A. *Introduction to Methods in experimental Psychology*. Appleton – Century Crofts.
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7. Galloti, K. M. (2004). *Cognitive Psychology In and Out of Laboratory*. USA:ThomsonWadsworth.
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