

MED . Program Structure:

Semester wise distribution of Credits: Semester I

Code	Courses	ESA (Credits)	MSA (Credits)	Total Credits
MEDCC101	Psychology of Learning & Development	2	2	4
MEDCC102	Philosophy of Education	2	2	4
MEDTC103	Introduction to Research Method	2	2	4
MEDEC104	Elective Courses:(One of the from given list)	2	2	4
MEDOE105	Open Elective (One from given list)	1	1	2
MEDSC106	Communication, Academic & Expository Writing (ISB) *	1	1	2
	Total	10	10	20

* To be completed in Inter Semester Break (ISB)

Semester II

Code	Course	ESA (Credits)	MSA (Credits)	Total Credits
MEDCC201	Sociology of Education	2	2	4
MEDCC202	Educational Studies	2	2	4
MEDCC203	Teacher Education	2	2	4
MEDTC204	Tool Courses : (One from given list)	2	2	4
MEDOE205	Open Elective	1	1	2
MEDSC206	Internship in TEI (ISB) *	1	1	2
	Total	10	10	20

* To be completed in Inter Semester Break (ISB)

Semester III

Code	Course	ESA (Credits)	MSA (Credits)	Total Credits
MEDCC301	History –Political –Economy	2	2	4
MEDTC302	Tool Courses related to Advanced Research Methods (one from the given list)	2	2	4
MEDEC303	Elective Courses (Student has to opt one from the given list)	2	2	4
MEDOE304	Open Elective Courses (One of from given List)	1	1	2
MEDSC305	Internship in TEI (ISB) *	2	2	4
MEDSC306	Dissertation Work	1	1	2
	Total	10	10	20

* To be completed in Inter Semester Break (ISB)

Semester IV

Code	Course	ESA (Credits)	MSA (Credits)	Total Credits
MEDCC401	Curriculum Studies	2	2	4
MEDEC402	Elective Courses (One of the from given list)	2	2	4
MEDOE403	Open Elective (One of the from given list)	1	1	2
MEDSC404	Dissertation & via-voce	2	2	4
MEDSC405	Internship	2	2	4
MEDSC406	Self Development (ISB) *	1	1	2
	Total	10	10	20

Total Credits:

	Course	ESA (Credits)	MSA (Credits)	Total Credits
1	Core courses	14	14	28
2	Tool Courses	06	06	12
2	Elective Courses	06	06	12
3	Open Elective Courses	04	04	08
3	Internship	05	05	10
4	Dissertation	03	03	06
5	Communication, Academic & Expository Writing	01	01	02
6	Self Development	01	01	02
	Total Credits	40	40	80

Total Credits: Semester I (20)+ Semester II (20) + Semester III (20) + Semester IV (20)

= 80 Credits

MPED Programme Structure

Semester I

Part A :Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Core Course						
MPCC-101	Research Process in Physical Education & Sports Sciences	4	4	50	50	100
MPCC-102	Physiology of Exercise.	4	4	50	50	100
MPCC-103	Yogic Sciences	4	4	50	50	100
Elective Course (Anyone)						
MPEC-101	Tests, Measurement and Evaluation in Physical Education	4	4	50	50	100
MPEC-102	Sports Technology					
Part –B Practical Course						
MPPC-101	Track and Field 1. Running Events *2. Gymnastics *3. Swimming. (*Any one)	6	4	50	50	100
MPPC-102	Laboratory Practical Sports Psychology, Physiology of Exercise, Sports Biomechanics and Kinesiology (Two practicals for each subject)	6	4	50	50	100
MPPC-103	Yoga *Aerobics/ Self Defence Techniques-Martial Arts, Taekwon-do/ Shooting/ Archery – (*Any One activity + Yoga)	6	4	50	50	100
MPPC-104	Adventure Activities/ Mass demonstration Activities-	6	4	50	50	100
Total						800

Note: Total number of hours required to earn 4 credits for each theory course are 51-60 hours per semester whereas 102-120 hours for each practicum course.

Semester - II

Part A: Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Core Course						
MPCC-201	Applied Statistics in Physical Education & Sports	4	4	50	50	100
MPCC-202	Sports Biomechanics & Kinesiology	4	4	50	50	100
MPCC-203	Athletic Care and Rehabilitation	4	4	50	50	100
Elective Course (Anyone)						
MPEC-201	Sports Journalism and Mass Media	4	4	50	50	100
MPEC-202	Sports Management and Curriculum Designs in Physical Education					
Part –B Practical Course						
MPPC-201	Track and Field II: Jumping events + Hurdles *Gymnastics/ *Swimming (*any one)	6	4	50	50	100
MPPC-202	Games Specialization- Kabaddi, Kho-Kho, Badminton/ Table Tennis/ Tennis/ Squash/ Baseball/ Volleyball/ Basketball/ Cricket/ football/ Handball/ Hockey/ Netball/ Softball (Any two games.)	6	4	50	50	100
MPPC-203	Teaching Lessons of Indigenous Activities and Sports- 5 Lessons(4 Internal & 1 External)	6	4	50	50	100
MPPC-204	Class room Teaching Lessons on theory of different Sports & Games- 5 Lessons (4 Internal & 1 External)	6	4	50	50	100
						800

Note: Total number of hours required to earn 4 credits for each theory course are 51-60 hours per semester whereas 102-120 hours for each practicum course.

Semester - III

Part A: Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Core Course						
MPCC-301	Scientific Principles of Sports Training	4	4	50	50	100
MPCC-302	Sports Medicine	4	4	50	50	100
MPCC-303	Health Education and Sports Nutrition	4	4	50	50	100
Elective Course (Anyone)						
MPEC-301	Sports Engineering	4	4	50	50	100
MPEC-302	Physical Fitness and Wellness					
Part –B Practical Course						
MPPC-301	Track and Field III: Throwing Events +introduction of Heptathlon event. *Gymnastics/*Swimming (*Any One)	6	4	50	50	100
MPPC-302	Games Specialization- III Boxing/ Fencing/ Judo/ Karate/ Wrestling/ Wushu (Any Two)	6	4	50	50	100
MPPC-303	Coaching Lessons of Track and Field/ Gymnastics/ Swimming - 5 Lessons (4 Internal & 1 External)	6	4	50	50	100
MPPC-304	Coaching Lessons of Game Specialization - 5 Lessons (4 Internal & 1 External)	6	4	50	50	100
Total						800

Note: Total number of hours required to earn 4 credits for each theory course are 51-60 hours per semester whereas 102-120 hours for each practicum course.

Semester - IV

Part A: Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Core Course						
MPCC-401	Information & Communication Technology (ICT) in Physical Education	4	4	50	50	100
MPCC-402	Sports Psychology	4	4	50	50	100
MPCC-403	Dissertation	4	4	50	50	100
Elective Course (Anyone)						
MPEC-401	Value and Environmental Education	4	4	50	50	100
MPEC-402	Education Technology in Physical Education					
Part -B Practical Course						
MPPC-401	Track and Field Introduction of Decathlon event *Gymnastics * Swimming Practical Skill (*any one)	6	4	50	50	100
MPPC-402	Games Specialization- Practical skills (any two)	6	4	50	50	100
MPPC-403	Officiating Lessons of Track and Field/ Gymnastic/ Swimming - 5 Lessons (4 Internal & 1 External)	6	4	50	50	100
MPPC-404	Officiating Lessons of Game Specializations - 5 Lessons (4 Internal & 1 External)	6	4	50	50	100
Total						800
						3200

Note: Total number of hours required to earn 4 credits for each theory course are 51-60 hours per semester whereas 102-120 hours for each practicum course.