

**SWAMI RAMANAND TEERTH MARATHAWADA
UNIVERSITY, NANDED**

SYLLABUS

OF

B. Sc. / B. A. (First Year)

Home Science
(Semester Pattern)

Effective from June, 2013

HOME SCIENCE SYLLABUS

FIRST SEMESTER

B.Sc./B.A. First Year

Marks : 40
HUMAN DEVELOPMENT

Paper-I

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- I.**
- 1) **Concept of Human Development**
 - 2) Principles of Development
 - 3) Growth and Development Factors Affecting Growth and Development
 - a) Heredity and Environment
 - b) Maturation and Learning
 - c) Endocrine Glands
 - d) Rest and Exercise
 - e) Nutritious Food
- II. Prenatal Development**
- 1) Reproductive System
 - a) Male
 - b) Female
 - 2) Menstrual Cycle
 - 3) Pregnancy and Process of Birth
 - a) Stages of Pregnancy
 - b) Signs and Symptoms
 - c) Care during Pregnancy
 - d) Emergencies
 - e) Stages of Process of Birth
- III. Infancy (Birth to two weeks approximately)**
- 1) Sub-divisions
 - 2) Characteristics
 - 3) Adjustments and Hazards
- IV. Babyhood (Two weeks to two years of life)**
- 1) Characteristics
 - 2) Physical Development
 - 3) Motor Development
 - 4) Emotional Development
 - 5) Social Development
 - 6) Play
 - 7) Happiness and Hazards
- V. Behavioral Problems**
- 1) Types – Stealing, Lying, Thumb sucking, Nail biting, Bed wetting, Temper tantrum
 - 2) Causes
 - 3) Treatment
 - 4) Management

REFERENCES

Paper-I

1. Vaikasik Manas Shastra – Borude, Tornekar va itar-Vidyarthi Gruh Prakashan, Pune
2. Balvikas – Nalini Varadpande
3. Matrutwa aani Balvikas – Kusum Jununkar
4. Child Development – Elizabeth Hurlock

B.A. First Year

**PRACTICAL
Marks : 40**

Paper-II

TEXTILE AND CLOTHING

- I. Introduction to Textile: History, Classification, Properties: Primary, Secondary**
- II. Knitting Bonnet**
- III. Embroidery – Stitches-Stem, Chain, Satin, Herringbone, Cross stitch**
- IV. Printing – Tie and Dye (Any 5 types)**
- V. Stitching**
- VI. Best out of Waste – One article**
 - a) Pockets – 3 types**
 - b) Seams – 3 types**
 - c) Pleats – 3 types**
 - d) Yokes – 3 types**
- VII. Stitching of Kitchen Apron**

**Introduction to Family Resource Management
Semester - II**

B.A. First Year

Marks : 40

Paper-III

i. Management

- 1) Definition, Need, Importance
- 2) Process of Management
 - a) Planning
 - b) Controlling
 - c) Evaluation
 - d) Good Qualities of a Manager
 - e) Role of a Woman as Manager in Family

ii. Resource Management

- 1) Concept, Importance and Types of Resources
- 2) Value – Concept and Types
- 3) Goal – Concept and Types
- 4) Standards – Concepts and Types
- 5) Interrelation of Values, Goals and Standards

iii. Decision Making

- 1) Definition, Concept
- 2) Steps
- 3) Importance

iv. Money Management

- 1) Concept and Importance
- 2) Budget – Definition and Importance
- 3) Income – Definition, Importance and Types
- 4) Investment – Need, Types and Objectives
- 5) Savings – Importance, Types and Objectives

REFERENCE BOOKS

Paper-III

1. Gruh Vyavasthapan va Gruh Kala - Dr. Kshama Limaye
2. Gruh Artha Shastrachi Multatwe - Dr. Kshama Limaye
3. Gruh Vyavasthapan va Gruh Sajawat - Dr. Munshi va Jathar
4. Kutumb Nivas – Tornekar va itar
5. Aadhunik Gruh Vyavasthapan – Vasu Mahajan
6. Management for Modern Living – Nickell & Dorsey
7. Art in Every Day Life – Gold Steing & Gold Steing

